

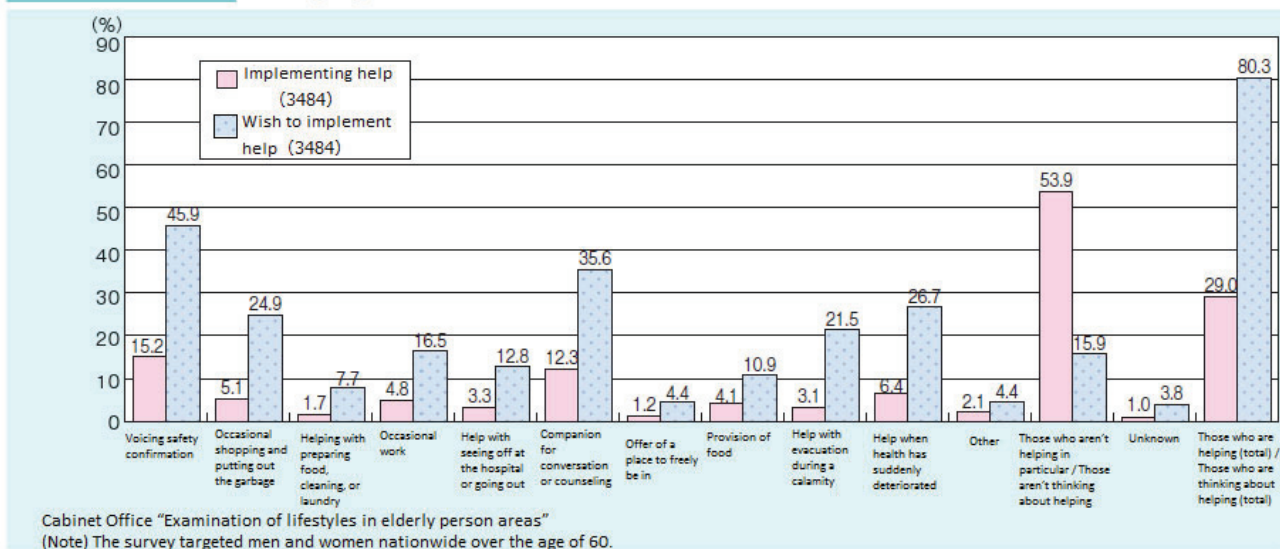
## 4 Initiatives to Shift from “Isolation” to “Connection” and then to “Mutual Support”

### ○Energetic elderly people extending a “supporting hand” to isolated elderly people

- 80% of elderly people “wish to help troubled households (Chart 1-3-14), and 30% of elderly people are actually giving support.
- In order to actually draw out elderly people who “wish to help”, it is important to dig up and train activity organizers who will take on the role of drawing forth elderly people.
  - Column “Sawayaka Welfare Foundation’s Instructor Training Project”
  - Column “The initiative of regional currency aspiring for the vitalization of “cooperation”

Chart 1-3-14

Helping troubled households



### ○Creating opportunities for having a “connection” with people

- Securing a workplace for elderly people creates a “connection” with society through work, and helps prevent “isolation”.
- Contact arises based on having a point of contact in whatever form with a local people or neighbors. Furthermore, the surroundings are able to grasp the needs of the elderly and the preface for “mutual support” comes into being.
  - Column “Creating a place to place to be in” (Case example: Nonprofit organization “Furatto” (Wandering) Dream Station)
  - Column “Watch activities/safety confirmation” (Case example Hino, Tokyo)

### ○Creating a network based on “collaboration” between citizens and officials.

- Among isolated elderly people, there is no shortage of cases in which it is necessary for the government or professionals to correspond with those who are economically poor or persons with a troubled social life.
- Flexible and diverse correspondence given from the point of view of persons being aided is needed in order for citizens, volunteers, NPOs, and others to build a favorable “collaboration” connection with local governments or specialists, and create a network for correspondence in every specialized activity.