

THE 43 <sup>rd</sup> SSEAYP JOURNEY	02	POST-PROGRAM ACTIVITIES (PPAs)	80
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he 43<sup>rd</sup> SSEAYP was carried out from October 25 until December 15, 2016. The Ship left Tokyo Port, Japan, and visited 4 ports of call along the way, before finally returning to Japan. Throughout the journey, the Participating Youths (PYs) engaged in onboard activities, including Discussion Program, Solidarity Group (SG) Activities, Club Activities, National Presentation, etc., as well as the various local programs in the respective countries. Through these activities, PYs have not only forged new friendships, but also deepened their knowledge and understanding of one another's culture and beliefs.

another sound of and benefit.	
ROUTE AND PORTS OF CALL	DURATION
Tokyo (Japan)	25 Oct - 4 Nov
Ho Chi Minh City (Vietnam)	11 Nov - 14 Nov
Bangkok (Thailand)*	18 Nov - 21 Nov
Singapore (Singapore)	26 Nov - 29 Nov
Jakarta (Indonesia)	2 Dec - 5 Dec
Tokyo (Japan)	14 Dec - 15 Dec

<sup>\*</sup> During the Country Program in Thailand, the selected delegates visited Phnom-Penh (Cambodia) on November 19 - 20, 2016.



# ADMINISTRATOR OF THE 43RD SSEAYP 2016



"This is a very successful ship program."

# MS. KAORI NAKAMURA

Before I took the position as the Director of International Youth Exchange, I was thinking like: Ship, now? This is so obsolete. Airplane would be more efficient. But then I found ourselves in the ship, and noticed that the participants are busy working and studying in their own lives. And when they are on the ship, they can leave everything behind and just concentrate on their human resources development. That is a very special point about having our ship.

These two main objectives have been achieved:

1. Mutual Understanding: It is not about learning tea ceremony or enjoying traditional dances. Those are part of it but not everything. Understanding the standpoint of PYs from different countries with different perspectives is the start of mutual understanding.

2. Networking: ex-PYs are an asset to each other. I know a couple of examples where the relationship between PYs (entrepreneurs and non-entrepreneurs) from different countries have become a big business. I want them to build a solid network when they are on the ship because if not now, in the next 10 or 20 years, when their research or business are more mature, it will help them.

At first, I was worried about the turnout of this meeting of different youth leaders as this may cause disparities in thinking. However, this convergence resulted to better cooperation among ASEAN member countries and Japan.

I really wish PYs can attract more young leaders to make changes and promote friendship among our countries.

#### CAPTAIN OF NIPPON MARU



## CAPTAIN SHIGEHIRO KUBO

This year, most of the Participating Youths (PYs) are very healthy and active.

I used to observe some shy PYs several years ago. But now it has changed. Everyone is outgoing. I truly enjoyed the creativity from different countries in their National Presentations.

I invite all PYs to come back to Nippon Maru again when you have your alumni activities.

"I hope everyone will keep this friendship which you created onboard Nippon Maru forever."

# **COUNTRY REPORT**

# ▶ PERSATUAN BERSATU (SSEAYP INTERNATIONAL BRUNEI DARUSSALAM)

the BPY2015 "Evaluation Meeting and Reports Handing-over Ceremony" Ministry of Culture, Youth & Sports.

18-20 Mar: The Embassy of Japan in Brunei, together with BERSATU Association and Japan-Brunei Friendship associations coorganized the "Japanese Language and Culture Week 2016" at Times Square.

Mar - Apr: BERSATU was involved in the interview and selection camp for the 43<sup>rd</sup> batch, under the invitation of the Ministry of Culture, Youth & Sports.

29 Apr - 2 May: BERSATU members and host families attended the 28th SIGA in Siem Reap, Cambodia. BERSATU had chosen its Deputy President for National Affairs, Mr. Mosli Haji Abdul Hadis as the recipient of SSEAYP Award for his outstanding contribution in SSEAYP and great role in promoting session in the Student Leaders Camp (Qa'id friendship and youth activities.

Culture Youth & Sports Delegation, for the Quran Recitation at the Nurul Iman Palace in conjunction with the month of Ramadan.

24 Jul: BERSATU participated in the "Get-Together Ceremony with His Majesty Sultan" in conjunction with the 70th Birthday Celebration of His Majesty Sultan Haji Hassanal Bolkiah.

9-11 Sept: BPY2015 successfully conducted their PPA named "Nature Alert Camp", a 3 day camp with the aim to raise awareness on Disaster Risk Reduction, promote on environment conservation and develop team building among youth.

Sep: BERSATU sharing session with BPY2016 in the Orientation Week and Intensive Leadership Training.

25 Nov: BERSATU was invited to facilitate a Assyumul Camp), which was organized by

30 Jan 2016: President of BERSATU attended 14 Jun: BERSATU joined with the Ministry of the Tutong Sixth Form Centre. The SSEAYPconcept session was coordinated BPY2014 focused on teamwork, leadership skills, sharing the SSEAYP experience, exposing the participants to leadership qualities and skills in line with the National Vision 2035. The Camp was attended by 40 students from the Student Representative and Young Peers Guidance Council.



The Nature Alert Camp has been successfully conducted by BPY2015

### SSEAYP INTERNATIONAL CAMBODIA

first PPA called "TosDam and TosRean" or "Let's Plant and Let's Study" in Kratie province, Cambodia.

10 - 17 Apr: SSEAYP International Cambodia (SIC) members volunteered to organize and facilitate the New Year event called "Angkor Sankranta" in Siem Reap, Cambodia. It was youth organized biggest event conducted by the Union of Youth Federation of Cambodia which hosted over one million people.

29 Apr - 2 May: The 28th SSEAYP International General Assembly (SIGA) and Phnom Penh. Social Contribution Activities (SCA) were done in Siem Reap, Cambodia under the theme "SSEAYP Cooperation for a Greener World."

17 Jul: SIC and CPY2016 in collaboration

12 - 14 Feb 2016: CPY2015 conducted the event on how to use technology in social media effectively with the "The Role of Media in Promoting Peace."

> 31 Jul: CPY2014 conducted their third PPA project called (1, 2, 3, protect) phase III under the theme "Education Enhancing, Water Saving, Tree Planting" at Bun Rany Hun Sen Kbal Domerei Primary school, Chhuk District, Kampot Province.

> 29 Aug: CPY2016 conducted the first Social Contribution Activities (SCA), Blood donation with the theme "A Pint for Three Lives" at the national Blood Transfusion Center

2 - 4 Sep: The 2<sup>nd</sup> SCA of CPY2016 involves mangroves planting and promotion of higher education and future career. This was done at Trapang Songkae community Kampot Province. There were Team building Province. with the **Project Inspire** team organized an activities for CPY2016 by SIC at Kep Province.

18 Oct: The 3rd SCA of CPY2016 with the theme "Dermbey Koma" or "For Children" at center of Phnom Penh Thmey orphanage.

5 Nov: CPY2015 conducted the "TosDam and TosDom" phase II in Chea Sim Chouk Va high school, Phnom Penh.



Closing Ceremony, SIGA Cambodia SIC President selfie with Reception Committee

#### SSEAYP INTERNATIONAL INDONESIA

20 Dec 2015: IPY2015 conducted a one-day campaign on Disaster Risk Reduction (DRR) the pilot project for their PPA "Indonesian Youths for Environmental Issues to the Society" (IYES).

Inc. Committee (2015-2017)inaugurated.

27 Dec: SII and Indonesian Foster Family Association (IOTA) conducted a Long March 8 Apr: SII was involved in the Workshop and of Indonesian Traditional Fabrics commemorate the National Mother's Day.

Jan 2016: SII getting successfully conducted 22 Apr: #ManageYourGarbage by IPY2014 a Fund Raising event more than USD 5,000 for the Haze Problem in Sumatra **#SllcareforHaze**. The President and Director of Social Contribution Activities of SII were interviewed by National Televisions relating on activity.

Jan - Apr: Social Media Campaign of #KnowDisasterNoDisaster by IPY2015.

Jan – Nov: 25 Regional Long Term Projects of Ayo Piknik! or Think Before Panic! by IPY 2015 were implemented in 25 provinces and reached over 1,570 participants.

25 Mar: Mini seminar and sharing session of 22 Dec: SSEAYP International Indonesia (SII) Ayo Piknik! (National) were conducted in collaboration with IPY2015, SII and Omah Sinau Gesang (local community), in LPKA Tangerang.

> Seminar related to Indonesian youth participation in the global events.

> and SII to commemorate Earth Day with more than 200 participants from J-ASEAN countries and Australia.

> 23 Apr: SII was part of International Youth Exchange Exhibition in Jakarta.

> Apr: Fund raising for the post earthquake Kumamoto prefecture, Japan and the

collected fund was handed to representative during SIGA 2016 in Siem Cambodia (#LoveForKumamoto: Rean #SIIforKumamoto).

19 Jun: SII BUBERITY (Break Fasting and Charity) with Indonesian Youth for Disabled.

8 - 24 Oct: Pre-Departure Training of IPY 2016 by Ministry of Youth & Sports and SII.



SII in the Long March of Indonesian Traditional **Fabrics** 

# INTERNATIONAL YOUTH EXCHANGE ORGANIZATION OF JAPAN

# commemorative projects

In Fiscal Year 2015, IYEO celebrated its 30th anniversary since its establishment in 1985. In commemoration of this event, IYEO organized various projects such amending the Charter, creating visual IYEO human resource map, selecting IYEO mascot character "Run-Earth," publishing IYEO annual magazine "Humano," initiation of Visit Tohoku Tour, and implementation of new fund raising activities, etc.

#### **Kumamoto Earthquake Relief Activities**

Starting with a magnitude-6.5 guake last

Report of the IYEO 30th Anniversary and its April 14, a series of earthquakes hit the former participant of the 2nd Japanese Youth central Kumamoto Prefecture, causing Goodwill Mission Cruise, which is the former deaths, injuries and widespread damage to the area's residences and infrastructure. For those who were affected by the Kumamoto launched Earthquake, IYEO donation campaign raising 1,304,338 yen as of Sept. 30, 2016. IYEO continuously collects donation.

> Donations were used as follows: Relief goods from Kagoshima, fresh apples from Aomori IYEO to the local nursery school, and JPY 500,000 donation to the education board of Minami-Aso Village. The education board President Mr. Takayasu Fujioka is a

program of the Ship for World Youth.



Thank You Letter from local nursery school in Kumamoto Prefecture

### LAO SSEAYP ALUMNI ASSOCIATION

2 Apr 2016: Implementation of the Post SSEAYP and to be prepared for group and responsibly contribute to the socio-Program of the 42<sup>nd</sup> SSEAYP PYs, named as "Hand in Hand II" project under the slogan of "Stop Ignoring Start Educating", at the Sangthong District, Vientiane capital. This project provided the local community basic knowledge and awareness on sex and HIV/AIDŠ issues.

29 Apr: A board member and a committee member of Lao SSEAYP Alumni Association (LaoSAA) attended the 28<sup>th</sup> SIGA in Cambodia to report the implementation of the social contribution activities and Alumni's Accomplishments in the year earlier. Particularly, the post program of LPY2015 on Health Education and Sexual Transmitted Infection (HIV/AIDS) campaign to the local vouth

12 - 14 Aug: LaoSAA and LPY2015 organized a 3 Day Pre-Departure Training Camp in Vientiane Province for the new LPY2016. During the camp, former PYs conducted presentations and games, aiming to help the

discussions and adaptation to different lifestyles and cultures onboard.

Pre-Program activities for two primary and secondary schools in Vientiane province. PY 2016 have educated students about basic hygiene standard, English and environmental knowledge. In addition, school equipment's provided for the identified schools.

5 - 6 Sep: A LaoSAA member participated in the ASEAN Leaders' Interface with the representatives of ASEAN Youth during the 28th & 29th ASEAN Summits. The Lao Youth representative, as the ASEAN Chair 2016 together with fellow ASEAN Youth have delivered the message to the ASEAN Leaders "Forging together towards ASEAN 2025: The Role of ASEAN Youth in contributing in accordance with the set goals." During the interface the ASEAN Leader encouraged the ASEAN youth to new PYs to have a better understanding of continue enhancing efforts to constructively

economic development, preservation and promotion of the culture heritages.

20 Aug: LaoSAA and LPY2016 implemented 12 Oct: In order to emphasize the understanding of Youth's role Socio-Economic responsibility in Development, Lao People's Revolutionary Youth Union and LPY2016 joined the memorable conference called Minister Meeting with Youth" marking the 71st anniversary of Independence Day.



Prime Minister Meeting with Youth on the 71st Independent Day

## SSEAYP INTERNATIONAL MALAYSIA

2016: Kick-start Program brainstorming session was held among the members of the new committee SSEAYP International Malaysia (SIM) 2015-2018 in order to discuss the direction and goals of the alumni within the next three years.

May: Post-Program Activity of MaPY2015 Saving Nemo

SSEAYP Facilitator Workshop promoted courses as well as tips and information to participants who are interested in being the 43rd SSEAYP 2016 facilitator. Two former facilitators from Indonesia and Singapore were invited to share the experience and knowledge to the participants.

Jun: Courtesy Visit to Ministry of Youth and Sports Malaysia – courtesy call from the latest SIM committee to the Director General of to Ministry of Youth and Sports Malaysia to strengthen the relationship Aug: KABESA Hi-Tea Raya - The senior between

A especially SSEAYP.

Camp Selection International Exchange **Programme 2016** – 7 ex-PYs from among SIM members and also from representatives of Malaysia Youth Council have been invited to be a facilitator and a panel to evaluate and advise the Ministry of Youth and Sports Malaysia in choosing the participants for the International Youth Exchange Program 2016.

Jul: Ziarah Ramadhan - community event was held in conjunction with holy month (Ramadhan). A joint meal conducted together with the orphans at Rumah Kebajikan Nur Hikmah. The orphanage is being managed by an ex-MaPY1997. Funds were collected among SIM members to be given to the orphanage, the event was also supported by IYRES with additional activities to entertain the orphans.

the Ministry and SIM in members of SIM organised the "Hi-Tea Eiding and planning for future Celebration" event. This was a casual event collaborating and planning for future Celebration" event. This was a casual event international youth exchange programs that brought about 60 people from 1974 –

2015 together. The event had various activities related to the SSEAYP itself such as battle cheers, spontaneous performances and also interaction sessions that promote mutual understanding among each other. A mini exhibition was also held during the event to showcase the collection of pictures from the SSEAYP since 1974.

Oct: Pre-Departure Training MaPY2016 -SIM was tasked by the Ministry of Youth and Sports Malaysia to lead the PDT for the MaPY2016.



MaPY2015 and previous batches participated in the PPA "Saving Nemo"

FRIENDSHIP BEYOND SHIP

# SSEAYP INTERNATIONAL MYANMAR

founded in early 2016.

SSEAYP International Myanmar has become an official organisation registered under the Ministry of Home Affairs and currently working not only for local operations associated with the SSEAYP program but also towards the active participation and

SSEAYP International Myanmar is a newly collaboration with other alumni associations formed alumni association which was for the success of the Ship for Southeast Asian and Japanese Youth Program.



Pre-Departure Training of MyPY2016

# SSEAYP INTERNATIONAL PHILIPPINES

The SSEAYP International Philippines (SIP) Inc. is continuously expanding its activities and network to ensure that the organization is more responsive and relevant to the current times. Just after the elections of the new board of directors, SIP had conducted a number of activities in 2016 as follows:

- 1) Facilitation of the delegates to the For Hopeful Children Project in Thailand;
- 2) Ocular Inspection of the SIGA 2017 sites;
- 3) Attendance Cambodia;
- Selection, Training and Briefing of the delegates for the 43<sup>rd</sup> SSEAYP 2016;
- 5) Conduct of courtesy call visits to the

National Youth Commission and the Japanese Embassy in the Philippines;

- 6) Launching of the Project Unity an Interbatch post program activity; and,
- 7) Conduct of the Philippines SSEAYP Alumni National Convention.

For 2017 it plans to conduct the following:

- 1) SIGA 2017 on April 26-30, 2017 at Iloilo and Boracay;
- to the SIGA 2016 in 2) Project Unity Part 2 in October 2017;
  - 3) Batch Bonding Sessions from January to November 2017; and,
  - Information Dissemination and Selection of DG Facilitators, National Leader and

Regional Panel of Interviewers from January to June 2017.



Project Unity - an Inter-batch Post Program Activity at West Fairview Elementary School, Quezon City, Philippines – Oct 8, 2016

# SSEAYP INTERNATIONAL SINGAPORE

actively involved (in partnership with the National Youth Council) in the recruitment and/or training of Facilitators, National Leader & Singapore Participating Youths and in the organisation and implementation the local programme. SIS continues to organize several Social Contribution Activities (SCA) and activities which allow us to engage our members, such as:

23 Jan 2016: SSEAYP Family Day was organised to give members & their families an opportunity to meet and catch up with each other. It was held at the Ground Up Initiative.

8 Oct: This year is especially significant as we celebrate the  $50^{th}$  Anniversary of Singapore-Japan Diplomatic Relations, or SJ50. SIS celebrated SSEAYP Day and it was held in conjunction with SJ50. An exhibition of Singapore former participants who continue 22 Nov: The Ministry of Foreign Affairs of

SSEAYP International Singapore (SIS) is to advocate the cause of regional integration, Japan awarded the Foreign Minister's peace, and progress in their own way. It was done to showcase how Singapore and Japan contribute to the friendship and growth of ASEAN and Japan relation. One of SIS' main initiatives is the SIS プレッジ *Pureji* Pledge Tree of Hope, in which SIS aims to collect pledges from individuals all over ASEAN & Japan, where each pledge reflects the author's hopes & aspirations for the ASEAN and Japan community. We will consolidate the pledges and present them to the Japan **Embassy in Singapore and ASEAN Secretariat** in 2017.

> 29 Oct: SIS took part in the SJ50 Matsuri Parade organised by the Embassy of Japan in Singapore to celebrate SJ50. A contingent made up of ex-PYs and Host Families were part of the parade performing the Matsuri dances.

Commendation to SIS to acknowledge SIS' contributions to the promotion of friendship between Japan and other countries and The aim is to promote areas. understanding and support of the Japanese public towards the activities of the recipients.



SSEAYP DAY celebration in conjunction with **SJ50** 

### ASSOCIATION OF THE SHIP FOR SOUTHEAST ASIAN YOUTH OF THAILAND

Mar 2016: "The 26th For Hopeful Children participants. **Project (FHCP)**" was organized by Fund For Friends (FFF) and Association of the Ship For Southeast Asian Youth of Thailand (ASSEAY) in Royal Thai Navy Base in Sattahip, Chonburi province. Over 800 volunteers from local and international groups taking care of underprivileged and disabled children by taking part in this event.

Apr - Jun: Interview and selection of the TPY2016 were processed by Department of Children and Youth (DCY) and ASSEAY.

May: "Hug Me Please, I'm an HIV positive" announced for recruitment

July: "Hug Me Please, I'm an HIV positive" released the submitted short films online.

Aug: Pre-Departure Training (PDT I) was conducted for 14 days at Phra Prachabodi Institute by DCY and ASSEAY.

27 Aug: "Hug Me Please, I'm an HIV positive" conducted the award ceremony.

Oct: Pre-Departure Training (PDT II) was conducted as a final preparation for TPY2016 before joining SSEAYP. It was coconducted by DCY and ASSEAY.

Nov: Thailand Country Program of the 43rd

SSEAYP 2016 was conducted at the Port of Bangkok, Thailand. This event was coconducted by DCY and ASSEAY.



Awarding Ceremony of "Hug Me Please, I'm an HIV positive" by TPY2015

# VIETNAM ALUMNI CLUB OF YOUTH FRIENDSHIP

Mar - Apr 2016: SSEAYP Tour was conducted Aug: Vietnam Alumni in Hanoi and Ho Chi including the management of volunteer by the VPY2015 and Vietnam Alumni in 14 venues around Vietnam. In Ho Chi Minh City and Hanoi, VPYs held information sessions about SSEAYP in 9 universities, 5 youth centers in Southern and Central Vietnam.

Jun: The Ho Chi Minh Communist Youth Union in collaboration with Vietnam Alumni hosted the PY selection for the 43rd SSEAYP 2016. After the first round of application, more than 100 candidates were chosen to compete in the interview with their presentation about their knowledge of the ASEAN, eight Discussion Group (DĞ) topics, as well as their talent show. In the final round, 40 candidates were selected and attended the 4 day camp where the Vietnam Alumni gave them an overview information of the SŠEAYP activities framework.

Minh City started the Orientation and Predeparture training sessions which lasted for 3 weeks for the 29 official VPYs.

10 - 24 Oct: the contingent gathered in Hanoi and finalised all the preparation for the journey under the supervision and consultation of ex-PYs.

24 Oct: The Communist Youth Union of Vietnam in association with Alumni and the VPY contingent hosted the press conference in Hanoi to celebrate the 20th anniversary of Vietnam's participation in SSEAYP and to introduce the activities of Vietnamese representatives in 43rd SSEAYP 2016.

Oct - Nov: Vietnam Alumni supported the National Youth Commission to host the country program in Ho Chi Minh City, team and related activities of the Reception Committee, especially the Reunion Onboard.

Throughout 2016, other batches (such as the  $39^{th}$ ,  $40^{th}$  and  $42^{nd}$ ) also executed their long term PPA in rural areas around Vietnam to contribute to the society and strengthen the SSEAYP spirit.



# **PY IMPRESSIONS**

The 52 days of 43<sup>rd</sup> SSEAYP 2016 journey and the daily life on Nippon Maru have brought a new perspective of youth life to the 318 PYs. The experiences gained by exchanging ideas and cultures have broadened their minds and created networks among the PYs. Even though the program has successfully ended last December 15, 2016, all PYs from the 11 countries will be bringing along with them priceless memories and strengthened friendship.

### **SOLIDARITY GROUP (SG)**

SGs strengthened our friendship and made us more united. Although we come from different cultural backgrounds, we find ways to communicate and understand each other. I feel blessed and grateful for every moment that we shared together and I am sure every PY feels the same.

Myat Min Soe (Tu Tu), MyPY

#### FLAG HOISTING CEREMONY

As a quote would state it, "There is no one who is more patriotic than an ambassador, when she/he is abroad." Flag Hoisting Ceremony gives a feeling of pride that we have a chance to show patriotism to our country especially when we sing our national anthem. Being a representative of the nation is a great honor not only for ourselves but also for our family, we are proud to be ambassadors of goodwill in SSEAYP.

Alounna Khamhoung (Tom), LPY

# **GROUP LEADER (GL)**

It is my great opportunity to be the GL in SG-J. The first thing that inspired me is the passion from the PYs in my SG. They all are talented and fantastic! I got positive energy from them every day which made my SG more fun. Everyone showed their spirit to contribute to the team with their best. Different points of view from different people broadened my personal horizons. Then, our friendship was developed through the similarity and diversity. Most of all, I am so happy to have learnt new things from them.

Panomkorn Jirasatienpong (Champ), TYL

#### **NATIONAL PRESENTATION (NP)**

All the NPs brilliantly showcased the colourful culture of each country. I realized that some PYs even had hidden talents! On top of that, I love the opportunity to dress up in the various national costumes from the different countries during the NPs!

Chong Jing Ru (JR), SPY



#### **PRESS TEAM**

Capturing the moments of PYs life onboard is one of the best thing for me to be part of as press PYs. I enjoyed capturing the SSEAYP moments whether it is official or unofficial. Our happiness and sadness are the cherish memories for us to look back.

Norkhairunnisa bte Hj Metussin (Nisa), BPY

#### **DISCUSSION PROGRAM**

Discussion sessions provided a lot of beneficial inputs. Each PYs shared their experiences based on the topic assigned and these opened their minds to new cultures. The activities cultivated teamwork, as it pushed the PYs. These sessions were significant in structuring effective and sustainable Post-Program Activities.

Muhamad Khalid bin Mohd Ali (Kal), MaPY

#### **INSTITUTIONAL VISIT**

During the country programs, I visited Paxi House Tokyo in Japan and Ton Duc Thang University in Ho Chi Minh City, Vietnam. My best take away from these institutional visits are about the passion from the speakers to the students. They dare to follow their dream without hesitation. This is what inspires me the most.

Nguyen Thanh Trang (Trang), VPY

### **CLUB ACTIVITY (CA)**

Club Activity (CA) is one of most interesting and fun events to have onboard. It allows everyone to learn, enjoy and appreciate the various cultures and practices of each contingent. I joined LPY's CA and had an enjoyable time making my own Champa flower. It is something I will cherish forever.

Diana Ang Pei Cheng (Dee), BPY

#### LIFE ONBOARD

It is very meaningful for me to "live together" with the people from diverse backgrounds. The environment onboard gave me many opportunities to deepen mutual understanding, as well as to reflect on myself. Now I hope to contribute to the society by utilizing this experience of SSEAYP in the future.

Yuka Ozaki (Yuka), JPY

#### **GENERAL REFLECTION**

In our Discussion Group (DG), we learned the concept of "Transformative Collaboration." During the Country Program in Indonesia, I witnessed it being actually demonstrated when we played the Angklung together. Each PY held a distinctly-toned Angklung and had a specific role to play. When played individually, the Angklung was simply a bamboo musical instrument being shaken to make a sound; yet when played together in a series of notes, it creates harmony. Like the Angklung, PYs come from different cultural backgrounds. We are like the different musical notes. When we decide to come together and create a composition, we create music.

Fortune Mae C. Cordova (Fortch), PPY

SSEAYP unleashed potentials and extracted emotions within me that I never imagined I had. From the first "kampai" during the Opening Ceremony in Tokyo, to the last ticker tape thrown off board during our last Port-Of-Call (POC) in Indonesia, every moment became not only a learning experience but a memory that will withstand the borders surrounding our respective countries. That despite our distance, we will forever remain as the crazy people they call "PYs".

Edracel C. Del Rosario (Edz), PPY

# **VOLUNTARY ACTIVITY (VA)**

Voluntary Activity (VA) can further strengthen our bonds together on this ship while enjoying doing the things we like. It further highlights the similarities that we share despite our diverse backgrounds and cultures. The experiences add colour to our already vibrant SSEAYP journey.

Ly Kimjuhong (Nick), CPY

#### **HOMESTAY**

The country program allowed me to experience a new culture in real life. The lesson I got from the five Country Programs can be summed up as mutual understanding. The culture exchange activity during the homestay helped me a lot to bond with the "new family."

Emi Fitri Audina (Emi), IPY

# **NATIONAL LEADERS**



NLs from 11 countries during the Welcome Reception in Japan:

Ms. Naoko Hamada – Japan

Mr. Trinh Le Anh - Vietnam

Ms. Wimolrat Ratchukool - Thailand

Mr. Seang Soleak - Cambodia

Ms. Lee Chew Yee Jenny – Singapore

Mr. Yodi Dermawan Dasuki - Indonesia

Mr. Pg Kamal Ariffin Bin Pg Haji Md Yassin – Brunei Darussalam

Mr. Phouvong Manivong - Lao P.D.R.

Ms. Siti Mariam Binti Ahmad Tobias – Malaysia

Ms. Khin Sandar Thein - Myanmar

Mr. Kahlil Leva Lamigo – Philippines

Mr. Vong who serves as the NL of Lao P.D.R., has never been a PY before. His impression for the 43<sup>rd</sup> SSEAYP 2016: Most of the PYs have many responsibilities, duties and regulations. PYs help each other a lot, such as carrying luggage into Nippon Maru. They share ideas on culture, mutual understanding and have a high respect for the Administrative Staff, NLs, Facilitators and themselves. PYs have a high competition for NP, CA, VA but they do not have any conflict. Meanwhile, they have taken the opportunity to make friends and understand each other. SSEAYP is a unique program that will change one's life.

# POST PROGRAM ACTIVITY

#### **BRUNEI DARUSSALAM**

The BPY2015 successfully conducted their PPA (a 3 day camp) named "Nature Alert Camp". On September 9 - 11, 2016 at the Katimahar Agri Park. It aimed to improve environmental literacy of the youth. The camp also provided professional talks by related governmental agencies associated with environment in Brunei Darussalam such as from the National Disaster Management Centre (NDMC), Department of Parks and Recreation (JASTRE) and also Fire & Rescue Department. The Nature Alert Camp targeted to raise awareness about Disaster Risk Reduction, promote environmental conservation and strengthen the use of 3R (Reduce, Reuse & Recycle). It also included different aspects such as social, physical as well as spiritual activities prepared by the organizing committees. A total of 41 participants (aged from 18 to 30 years old with diverse occupational backgrounds) ranging from students, school leaders, teachers, singers, and so on attended the activity.

#### **UPCOMING PPA**

A comprehensible focus on instilling awareness on healthy diet and lifestyle as well as widening the scope of pre-existing HIV awareness programs in Brunei Darussalam motivated the BPY2016 to initiate a project entitled "4 Me, You and Our Future." A number of informative activities and social contributions will be carried out with the support of relevant expert bodies.

#### **CAMBODIA**

On February 12 - 14, 2016, CPY2015 conducted their first PPA called **TosDam and TosRean** or **Let's plant and Let's study** in Kratie province around 348 km from Phnom Penh. The purposes were to inspire and raise awareness of reforestation and encourage young children in remote-area to continue their study.

**TosDam and TosRean phase II** was held on November 5, 2016 in Chea Sim Chouk Va high school Phnom Penh, Cambodia. The purposes were to connect young Cambodian people to nature and let them understand the benefits of trees and motivate them to plant more trees. TosDam and TosRean phase I & II resulted to 700 trees planted and hundreds of students motivated.

#### **UPCOMING PPA**

The project "Youth Green Camp," initiated by the CPY2016, aims to promote reforestation and green live-style, while encouraging youth participation and awareness raising on green living and flood. With its encouraging youth participation and awareness raising on green living and flood. With its duration of 4 days, the project will take place in the second quarter of 2017.

#### **INDONESIA**

IYES (Indonesian Youths for Environmental Issues to the Society) was initiated by IPY2015 that focuses in raising awareness by disseminating information about disaster risk reduction (DRR). The Project is divided into 3 phases, namely (1) Pilot Project (Short Term Project) which is a one-day campaign on December 20, 2016. IPY2015 also launched the social media campaign of #KnowDisasterNoDisaster that reached over 600 people and "Eleven One" JASEAN Tumbler as the fund raising product in order to make IYES sustainable; (2) Long Term Program which was called Ayo Piknik! or Think Before Panic! Ayo Piknik! conducted miniseminar and sharing session with the experts. Ayo Piknik! (National) was held on March 25, 2016 with over 45 participants in LPKA Tangerang; (3) IYES implemented the regional long term program in 25 provinces all over Indonesia during Jan – Nov 2016.

#### **UPCOMING PPA**

"I am Able," #ICanSign, #SignToShine, is initiated by IPY2016. One of the objective is to raise the awareness of the use of sign language in communicating with differently abled communities. The project will be divided into 2 terms: (1) Short Term Project: Sign language campaign held in Jakarta on December 18, 2016; (2) Long Term Project: To build a website as the media for sign language socialization, and the 'One Day With' program conducted in 30 cities across Indonesia (Jan - Nov 2017).

#### **JAPAN**

#### **UPCOMING PPA**

JPYs2015 are planning a "Cross Cultural Walking Rally in Japan," scheduled in February 2017 to give elementary school pupils an opportunity to appreciate different cultures from people living in Japan.

JPYs2016 are planning "SHARE-UP," which aims to give high school students the opportunity to broaden their perspectives by sharing JPYs' experiences from SSEAYP. They will approach the students interactively to enlighten, empower and encourage our future generations. This will be carried out from April 2017 throughout the year in each JPY's graduated school.

#### LAO P.D.R.

LPY2015 implemented Hand in Hand II at Pak Tone High School, Sangthong District, Vientiane Capital in April 2016. The project was designed to provide knowledge on Health Education and Sexual Transmitted Infection (HIV/AIDS) to local youth under a slogan "Stop Ignoring, Start Educating." The project encouraged youth to be more open in sharing about sex and HIV/AIDS issues with their families as well as to eliminate discrimination towards infected people. Gradually, most of local youth had tendency in answering correctly after listening. Moreover, the majority of local youth tended to pay attention at the lecture and understand about health education and Sexual Transmitted Infection.

#### **UPCOMING PPA**

LPY2016 realized the importance of education after joining the Discussion Program. They came up with idea of inspirational video in 10 minutes. The story will demonstrate title as "I Do Regret" to raise awareness that what children will be if they don't focus on their study and also change the perspectives of parents to encourage their kids to school. The video will be released in March 2017.

#### MALAYSIA

MaPY2015 took the initiative in creating the awareness to save and preserve the marine ecosystem as it is the fundamental effort for the long term period. Hence, Saving Nemo was conducted on May 20 - 22, 2016 in Redang Island, Terengganu. The conducted activities involved Marine Park Department about marine life, beach cleaning, turtle and baby turtle hatching observations at night and community services. It also included English Program with Redang Island Primary School students and interaction with the villagers together with some donation to the needy ones. Together supporting this program were Ministry of Youth & Sports Malaysia, SSEAYP International Malaysia (SIM), Marine Park Department Malaysia, Malaysia Youth Council, Kampung Baru Redang Island Association, Redang Island Primary School and ex-MaPY representatives from 11 batches of SSEAYP.

#### **UPCOMING PPA**

MaPY2016 will implement their PPA titled "Walk for A Brighter Future." This PPA aims to raise the awareness among the public to care for the visually impaired as well as raise fund to improve the facilities in Malaysia Blind Centre. During the PPA, they will also organize exhibition booth to educate public about importance of vision health.

#### **MYANMAR**

On 29 January 2016, the project "I-was-A-Child" was implemented by MyPYs in Bago. The aim of the project is to educate children on health and environmental health for a better life in the remote area and MyPY2015 reached out to a school in Oktwin Township in bago. Although it was one day PPA, it took PYs about three weeks to do the preparation such as doing research, fundraising and gathering required materials for the successful implementation of the project. Firstly, the PYs demonstrated the proper way to wash the hands. Secondly, the children were explained how to stay hygienic and healthy and how to prevent food-born diseases and mosquito-born diseases. Lastly, there was a donation comprising of stationery, uniforms and books.

#### **UPCOMING PPA**

The PPA of MyPY2016 is #CultureFever. The objectives of the program are to promote the culture awareness, to encourage YOUTH to use more local product and to take advantage of GLOBALIZATION. This is a one day culture fair with 70% of the proceedings donated to psychiatric hospital, Ywar Thar Gyi, Yangon and 30% will be reserved as a capital for the continuation of future social activities: Animal Shelter Project (Every Life Counts), School Education Project (Shooting Souls) and Health Education Project (Project Safe House).

#### **PHILIPPINES**

The **PROJECT SHINE** of PPY2015 was successfully held last April 8-10, 2016 in Malitam, Tres, Batangas. More than 980 Badjaos Indigenous People (Peoples of the Sea) have got the benefit of this project. Under the assistance of 22 PPYs, and 1 international PY (from Singapore), 300 families, including 800 children/youth have received Php300,000 worth donations of food, medicines and school supplies. The Project Shine II will be held in Blaan, Sarangani Province on October 2017.

Project A.C.C.E.S.S. II of PPY2014 which focused on Aiding Cultural Communities and Enabling Sustainable Societies have been successfully conducted last December 10, 2016 in Lake Sebu, South Cotabato – Mindanao, Philippines. This project is centered on Empowering communities through book donations and school supplies. The beneficiaries are from the T'Boli Community.

#### **UPCOMING PPA**

PPY2016 will be undertaking the "tHink positive! Embrace and Erase" project. This would involve capacity building, social marketing and lobbying for policy on the HIV/AIDS issue to the National Youth Commission's Accredited Youth Organizations, pool of facilitators and local government units. Phase one implementation will start on January to December 2017 in the Davao Region, the Philippines.

#### **SINGAPORE**

The Ripple Movement aims to pass on the spirit of volunteering and encourage youths to explore the many options and avenues for volunteering in Singapore. Thirty three students from Naval Base Secondary School attended sharing sessions. Topics covered include volunteerism, brainstorming for volunteering options, and introduction to Singapore Association of Visually Handicapped (SAVH). SAVH staff and beneficiary conducted a short sharing session to help the students learn more about the blind community in Singapore. SPY2015 then did a debriefing with the students to facilitate reflection on the experience. SPY2015 and the students helped out at the SAVH Flag Day to raise funds for SAVH on June 11, 2016. Students attached to blind beneficiaries to assist and accompany them throughout the day. Students got to interact with the beneficiaries and learn more about their lives, challenges, and achievements. Some students even prepared meaningful gifts for their beneficiaries. After the Flag Day, students were debriefed on their learning over the three day event and encouraged to seek other volunteering opportunities and pass on the spirit of volunteerism to their peers.

#### **UPCOMING PPA**

The SPY2016 are organising "The Amazing JASEAN Race" which will be held in February 2017 for children under foster care. The aim is to share the diverse cultures of Japan & ASEAN countries through languages, traditional food, handicrafts and other activities with the participants. This event will inspire young Singaporeans to be more inquisitive and interested in foreign cultures.

#### **THAILAND**

"Hug Me Please, I'm an HIV positive" was initiated by TPY2015. This PPA was conducted from January to August 2016. They wanted to encourage people to have more positive attitude towards HIV/AIDS patients. They thought that they could reach people's attention in HIV/AIDS patients through short films. It means that this project was about short film competition. The films were collected from 40 teams (87 people) and they gained approximately 20,000 views in the Facebook fan page "Hug Me Please Project". Moreover, TPY2015 also did an award ceremony to announce the winning team which was judged by honourable judges.

#### **UPCOMING PPA**

TPY2016 will conduct "Sai-Waa-Si-Bor-Tim-Gunn (When you throw nothing at all) Project." It aims to raise awareness in garbage throwing in children. There will be a camping activity in March and one-day event in May 2017. It is inspired by seeing the garbage in the sea during the SSEAYP.

#### **VIETNAM**

On December 19, 2015, VPY2015 conducted the first PPA in Sapa village, Lao Cai province in the north of Vietnam where local residents are ethnic minorities living in less privileged conditions in mountainous area. In the project called "Warm Blankets," VPY2015 provided 100 gift sets including blankets, stationery and winter clothes for primary pupils and interacted with local people by music performances and games in the cultural exchange night, with the objectives to improve the public healthcare for the local children in winter, as well as the commitment of SSEAYP participating youths in the social contribution.

#### **UPCOMING PPA**

VPY2016 will conduct the "Dream High" campaign with four activities of different topics. The first project "Pay It Forward," inspired by DG themes: health education and cross-cultural understanding promotion, is planned in December, 2016 in association with Vietnam National Assembly and many youth organizations. The contingent has raised a fund of more than USD2,000 for veterans and ethnic minority people and they will host a cultural performance with local youth in Hoa Binh province.

# SSEAYP INTERNATIONAL GENERAL ASSEMBLY (SIGA)

# The 28th SIGA - Siem Reap, Cambodia

From April 29 to May 2, 2016, the 28th SSEAYP International General Assembly (SIGA) was held in Siem Reap, Kingdom of Cambodia under the theme "SSEAYP Cooperation for Greener World." It was the second time that SSEAYP International Cambodia had the privilege to organize this impressive event, while the first hosting was in 2007 (The 19th SIGA, Siem Reap province).

On April 29, 2016, Council of President Meeting took place with the honourable participation of representative from each country alumni association. The fruitful meeting resulted in setting new hosts for SSEAYP International General Assembly for the next three year.

The opening ceremony of the 28th SIGA on April 30 morning was opened by the representative of Minister of Education, Youths and Sports. In addition, SSEAYP International Awards were given to eight active members of the international association by His Excellency Sean Borath and His Excellency, Mr. Kazuhiko Ishihara, Vice Minister of Policy Coordination, Cabinet Office, Government of Japan; followed by SSEAYP International and alumni association reports from the respective countries. In the afternoon, representative from Ministry of Environment provided a keynote speech and discussion session into three groups regarding "Environmental Protection, Biodiversity Conservation and Sustainability," which were facilitated by government official from related fields.

On Sunday, May 1, 2016, the 28<sup>th</sup> SIGA social contribution activities organized by SSEAYP International Cambodia started by 9.5km cycling from Angkor Thom to Siem Reap Stream to grow 250 trees. The purposes of this SCA were promoting green tourism in the world heritage complex and to take part in greenhouse gases reduction as well as promote green city in Siem Reap. After the SCA, all participants of the 28th SIGA had a site visit in Angkor Wat Complex, the heart of Cambodian people and the symbol of our nation. In the evening, closing ceremony and farewell dinner was held with the guest of honor, His Excellency Sok Sokan, the Cambodia National parliament member. With the cooperation and full support from The Royal Government of Cambodia and Union of Youth Federation of Cambodia, 28th SIGA was successfully completed.



# The 29th SIGA in 2017 - Iloilo and Boracay, Philippines

The 29th SSEAYP International General Assembly (SIGA) will be hosted by the Philippines on April 26-30, 2017 in two locations namely Iloilo City and Boracay island.

The five-day event will cover the Council of President meeting, SSEAYP International General Assembly, opening ceremonies, closing ceremonies, social contribution activity, trade fair, city and island tours, cultural presentations, beach activities and an optional golf tournament.

All ex-PYs, host families and their families and friends are invited to join this momentous event. Registration for the SIGA 2017 shall be coursed through the respective SSEAYP Alumni Associations.







SI Deputy Secretary General, Mr. Bong Manlulu



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As of January 1, 2017

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SEAYP		
NTER NATIONAL	Japan (IYEO)	Mr. Bong Manlulu II (1991 PY), Deputy Secretary General

# **DISCUSSION FACILITATORS**

DG on International Relations (ASEAN –Japan Relations) was a fruitful exchange of ideas among ASEAN and Japan Youth. PYs actively contributed to the discussion and learnt the foreign policy of all 11 countries as well as the people to people level and how it impacts Youth Development.

- Grace, DG6 -

I'm very impressed with DG 8 PYs, when they were able to make a 15 minutes News Segment that featured four mocks Live reports for their discussion result presentations. It really looked like a live broadcast, even though it was actually a pre-taped recording. - Devi. DG8 -

The PYs are the future leaders of the world. The unity and strong bonding relationship among each other, makes them a better person toward achieving the goal of the changing the next generation into a better future. #LoveFood,AvoidWaste.

- Jay, DG4 -



Jaya Pradeep Krishnan (Malaysia) – Food and Nutrition Education/DG4
Eugene C. Sosing (Philippines) – Cross-cultural Understanding Promotion/DG2
Takaki Minamoto (Japan) – Youth Entrepreneurship/DG1
Randy Santos Magdaluyo (Philippines) – School Education/DG7
Devianti Febriani Faridz (Indonesia) – Information and Media/DG8
Grace Hutasoit (Indonesia) – International Relations (ASEAN-Japan Cooperation)/DG6
Nguon Pheakkdey (Cambodia) – Environment (Natural Disaster Reduction)/DG3
Berzenn Urbi (Philippines) – Health Education (Measures against HIV/AIDS)/DG5

"DG is the core of SSEAYP. DG should be fun, not boring. DG is where I changed my perspectives on cultural/religious and personal beliefs. DG is the reason why I am here." - Zenn, DG5 -

Heeyah DG-2 PYs! Your active participation contributed to the success of the Discussion Program especially DG2. Big thanks from the bottom of my heart. This is not good bye, but see you later alligator. See you soon in the near future wherever in the world.

- Eugene, DG2 -

Leave. Live. Love. These are three words that best sum up my impression of the discussion program. PYs come in this program leaving their personal prejudices and comfort zone. They then learn to live their collective dreams and later become inspired to love their greatest mission-that is to help create better communities.

- Randy, DG7 -

DG is an intellectual part of SSEAYP activities & I'm really happy to be part of the youth entrepreneur DG.

- Taka, DG1 -

Participating Youths are the best part. They are very respectful, considerate, willing to collaborate and cooperate with one another. They take turn doing energizers. I am surprised that all would want to volunteer. They are very proactive. It is interesting that despite the age or experience gap, they are willing to listen to other people. I had a very good experience and I would want to come back.

- KD. DG3 -

# **OBSC REPRESENTATIVES**

The 10 representatives to the Onboard Ship Conference (OBSC) were excited to be back to Nippon Maru with the feeling like "home sweet home."

When getting onboard in Jakarta on December 3, 2016, OBSC representatives had some meetings with the 8 Facilitators for the turnover discussion, then with their respective National Leaders, Administrator and all the Administrative staff. They also welcomed Myanmar Alumni Association which formed in 2016 as represented by NL of Myanmar.

In the Plenary session, OBSC representatives presented the introduction about the respective Alumni Associations and PPA conducted by previous batches. In remaining sessions, OBSC representatives engaged with their contingents to give advices and consultation to Participating Youths to brainstorm the proposal and prepare for their Action Plans which they will implement as their upcoming PPA when they return back to their respective country. OBSC also presented to the Cabinet Office of Japan about their Alumni's country report as well as PPA report of the 42<sup>nd</sup> batch and upcoming PPA of the 43<sup>rd</sup> batch.



Renee Lynn Melad Cabaňero (PPY2010)
Nurul Raine @ Aryn binti Haji Bunal (BPY2011)
Eka Esti Susanti (IPY2006)
Yoko Inuo (JPY2006)
Senkitchanuluck Lattanaxai (LPY2008)
Mohd Firdaus bin Ghazali (MaPY2006)
Le The Hien (VPY2010)
Tang Kwok Hoong Gerald, PBM (SPY2007)
Duong Khemara (CPY2012)
Kritsada Punyapratheep (TPY2008)

