

## Chapter 3 Measures for the Ageing Society in FY 2018

### Section 1 Basic Approach to Measures for the Ageing Society in FY 2018

The main measures in FY 2018 are as follows.

#### j Towards the realization of Dynamic Engagement of All Citizens

The Cabinet Office will aim at the realization of “Dynamic Engagement of All Citizens” through the “New Three Arrows” consisting of “the strong economy to generate hopes,” “child-rearing support to weave dreams” and “the social security that leads to peace in mind.”

To this end, we will steadily promote efforts while grasping the progress of the Roadmap of “The Japan’s Plan for Dynamic Engagement of All Citizens” (decided by the Cabinet on June 2, 2016).

#### j Toward Realization of Work Style Reform

One of the theme in the “Action Plan for the Realization of Work Style Reform” formulated on March 28, 2017 was “Promotion of employment of older people” and with which measures have been incorporated to construct a system to expand the supports for the companies that extend continuous employment after the age of 65 or raise the retirement age until 65 years, to enhance the environment for continued raising of employment age for the future, and to enable senior citizens with diverse technologies and experiences widely contribute to the society by not staying in a single company. In FY 2018, we will proceed along the road map looking ahead for ten years as to measures implemented in the “Action Plan for the Realization of Work Style Reform” following to FY 2017.

#### j Council for Designing 100-year Life Society

In order to study the grand design of policy to create an economic and social system with a view towards the 100-year life society, we held the “Council for Designing 100-year Life Society” from September, 2017 and summarized the interim report in December of the same year. We will further discuss the remaining points such as recurrent education and set out a basic concept in the Summer of 2018.

### 1 Employment and Income

#### j Securing employment opportunities and working styles in various forms

For the human resource centers for the older people

project, we will drastically review the “Support Project for Working Elderly Generations/Employment Support” in order for the elderly to be able to further support the companies with troubles of shortage of manpower, strengthen matching functions with companies through membership expansion of the centers, etc., so that promotion of employment opportunities for older people can be attained. Especially, from 2016, only when the prefectural governor has designated business type, occupation type and region, it is possible to loosen the requirement on working hours in the way of working for temporary staff dispatch and employment placement, therefore, in areas where employment hours have been loosened since FY 2018, a mechanism to increase subsidies when promoting employment of older people will be established, and employment of older people is scheduled to be promoted.

#### j Support and promote re-employment of older people

In major public employment security offices, the consultation sites, especially for high-aged job seekers aged 65 and older, to provide assistance for employment consultation, employment placement, recruitment, etc., according to the circumstances of each person will be expanded.

At the same time, under the cooperation of regional business associations and Public Employment Security Offices and other employment security bodies, the projects that integrate skills training, interviews and follow-up meetings on the premise of employment will be implemented.

#### j Support entrepreneurship of the elderly

In the Japan Finance Corporation (People's Lifestyle · Small and Medium Enterprise Project), support for start-ups / start-ups by the loan system (women, young people / senior entrepreneurs support fund) that apply preferred interest rates to older people is being provided. Also, in order to create employment opportunities for middle-aged and older people, measures to subsidize a part of expenses required for creation of employment, which is necessary for middle-aged and older people to start up (the establishment of so-called venture companies) are being taken.

In the loan system (Regional Revitalization and

Employment Promotion Fund) of the Japan Policy Finance Corporation (Lives of the Citizenry Business / Small and Medium Enterprise Business), in order to promote the development of an environment where age is not asked, for business operators engaged in employment of older people (60 years old and over) or the like, measures to ease the requirement for employment creation effect necessary to use the system (alleviating the creation of two or more employees to creation of one or more) will be continuously applied.

**j Develop capacity throughout the entire period of worker's occupational life**

In order to enable workers to revise their learning as necessary and choose careers according to their lifestyles in their life amid the prolongation of occupational life and diversification of work styles, towards the 100-year life society, we will examine the improvement of an environment where any people regardless of their age can take on a challenge for new active opportunities with a drastic expansion of recurrent education.

**j Build a pension system to meet the diversified work life in elderly**

We will not only make well known actively the system to raising pensionable age later than 65 years old, but also examine improvement of the system which will be more flexible and easier for pensioners, including the postponement of the pension receiving age of 70 years old or later.

Concerning the pension systems for working elderly, we will examine the system from the perspective of dealing with the diversity of work in elderly and retirement elastically, taking into consideration effects on pension financing.

**j Develop an environment for promotion of asset formation**

As for the defined contribution pension plan, we will continue to promote dissemination of iDeCo (individual-type defined contribution pension), and we will also work on improving the operation of the defined contribution pension, such as setting the upper limit of the number of offerings of managed products and mandating the efforts of ongoing investment education, in order to support the introduction of a system that facilitates the use of private pensions by small and medium-sized enterprises such as simple corporate pension system and small business ownership system enforced from May 2018, as well as to support the investment order of subscribers who should contribute to securing older income as pension assets.

Regarding the defined benefit corporate pension plan, we disseminate the risk sharing type corporate

pension plan, etc., and at the same time we decide on the basic policy of operation to be implemented after April 2018, review the governance that mandates formulation of the proportion of policy assets and further promote the dissemination and enhancement of the private pension plan and promotion of appropriate management by implementing a revision of the plan. Regarding the retirement payment system, measures will be implemented to promote the dissemination of the Smaller Enterprise Retirement Allowance Mutual Aid System to support the introduction of retirement payment system for small and medium enterprises.

Also, we will disseminate and promote utilization of the Dollar-Cost Averaging NISA, by promoting the improvement of workplace environment so that workers may obtain a chance to start asset formation in a place close to them.

At that time, by actively supporting and acting as the government, such as introducing the Workplace Dollar-Cost Averaging NISA so that national public service personnel can make full use of the Dollar-Cost Averaging NISA, so that similar efforts in local governments and private companies can be urged.

**j Develop an environment for effective use of assets**

As to an issue of developing financial services in the ageing society, we will take measures to enhance supplies of financial products / services appropriate to diversity of older people and their individual needs, while examining financial products / services that decumulate assets under planned management, smooth inheritance of personal assets and business operations, and the protection of senior investors based on the progress in financial gerontology.

In order to promote the spread of reverse mortgage, Japan Housing Finance Agency will back up private financial institutions by providing them public guarantee to improve an environment for effective use of assets.

Also, in order to ensure stable living of low-income elderly households, each prefectural social welfare council will, along with consultation support towards self-reliance of households, implement a loan system for real estate secured living funds to lend necessary funds by setting-up security interests in residential real estate of a certain value or more.

## **2 Health and Welfare**

**j Sustainably operate the Long-Term Care insurance system**

As long as the long-term care insurance system has become established and the use of services has

greatly increased, long-term care expenses are rapidly increasing.

Based on the situation of the Long-Term Care Insurance System, the efforts to deepen and promote the regional comprehensive care system are included in the Act to Strengthen the Community-based Integrated Care System established in June, 2017, therefore from now on, we will steadily implement the revised Act.

Specifically, we will promote (1) institutionalization of mechanisms in which all municipalities demonstrate insurer functions and work towards independence support and prevention of severity, (2) support by prefectural government on municipal initiatives to promote cooperation between medical care and long-term care, and in addition, (3) promotion of municipal initiatives toward the realization of community inclusive society, and (4) securing of sustainability of Long-Term Care insurance system, etc.

#### **j Provide comprehensive and sustained home medical care and Long-Term Care in the community**

In order to secure a sustainable social security system, it is necessary to maintain a high-quality and efficient medical provision system in order to secure a series of service provision from advanced acute care to home care / long-term care, and in addition, to aim for realization of Community-based Integrated Care System

by the cooperation of medical / long-term care together in order that citizens are, as much as possible, able to recuperate in the area where they are familiar with. Therefore, by utilizing the Regional Medical and Long-Term Care Comprehensive Securing Fund created in FY 2014, based on the business plan formulated by each prefecture, we will continue to implement necessary measures for the improvement of the system to provide home medical care and long-term care services, etc. In addition, it is so stipulated that business related to promotion of collaboration of home medical care / long term care is positioned as a regional support project provided in the Act on Long-Term Care Insurance, and that the municipalities should be proactive in working cooperatively together with the county and urban medical doctors association, etc.

It is scheduled that municipalities that can be implemented began in April 2015, and all municipalities will implement in April 2018.

In addition, prefectures will promote cooperation between medical care and long-term care by way of supporting municipalities working on the projects.

#### **j Sustainably operate of medical care system**

#### **for older people**

To heighten the sustainability of the system, since August, 2017, we have been progressing stepwise reviews on the limit of the high cost medical care expense system of older people at 70 years old and over and the insurance premium reduction special measures, while paying attention to low-income people and people who will suddenly suffer from increase in their burden, from the viewpoint seeking for fairness of burdens between generations and within a generation and the fair burden corresponding to the burden capability.

In addition, regarding the medical examination fee burden at the counter for the late older people, in line with the “Economic and Fiscal Rehabilitation Plan Reforming Process Chart – FY 2017 Revision” (Decided by the Council on Economic and Fiscal Policy on December 21, 2017), while taking into consideration the progress of the gradual raise of the burden of 70 to 74 years old at the counter, the related councils, etc. are considering the examination.

Further, in the “Working Group for the Health Business of the Elderly Working Group” we will formulate the official version of the guidelines and continue to promote consideration and others towards support for efforts and enhancement of guidelines, in order to spread the insurer's efforts that contribute to measures against weakness (frailty) and others nationwide from FY 2018, that had been conducted as a model project in FY 2018 and FY 2017 for the prevention of severity of lifestyle diseases etc. through the consultation and guidance concerning nutrition, oral cavity, and medication, etc.

#### **j Promote measures to support older people with dementia**

The “Comprehensive Strategy for Promotion of Measures Against Dementia - Towards the creation of friendly communities for older people with dementia - (New Orange Plan)” formulated in January, 2015 will be promoted along the 7 pillars consisting in (1) Raising awareness and promoting understanding of dementia, (2) providing health care and long-term care services in a timely and appropriate manner as the stages of dementia progress, (3) strengthening the measures for early onset dementia, (4) supporting those looking after people with dementia, (5) creating age and dementia-friendly community, (6) promoting research and development and disseminating the results of prevention, diagnosis, cure, rehabilitation model, and care model for dementia, and (7) prioritizing the standpoint of persons with dementia and their families. In July 2017, a meeting participated by the related ministries and agencies

liaison concerning regional planning friendly to older people with dementia was held and it was decided to update the numerical targets until the end of FY 2020, and to revise the contents of the above-said plan, including the numerical targets to enrich so that the measures can be implemented effectively. Triggered by the New Orange Plan, the regional resources supporting people with dementia and their families have steadily increased, and in order to build a recycling mechanism in which timely / adequate medical care / long-term care, etc. are provided according to the condition of dementia, we will support efforts by the Initial Concentration Support Team for Dementia and Dementia Area Support Promoter, etc., we are to promote the effective efforts according to the local circumstances, by introducing advanced case examples to the whole country for the future.

#### **j The way of medical care at the end of life**

Regarding medical care / long-term care at the end of life, it is important to be done basically based on the decision by the patient him/herself, after providing patients/family members with appropriate information by the medical professionals and conducting repeated discussion between the patients / family members and the medical professionals.

To this end, as a medical system development project at the end of life, in the major cities nationwide, we will be conducting human resource development training for medical professionals, and training of lecturer talents.

Also, based on the report compiled in the “Study Group on Dissemination and Enlightenment of Medical Care at the End of Life,” we will secure the opportunities to think about medical care / long-term care at the end of life and will spread among and enlighten the nation about the efforts to discuss with family, etc.

### **3 Learning and Social Participation**

#### **j Promote the understanding of social security**

In order to enable people to acquire financial literacy from the young age, we promote investment education through workplace, which is close to people in working generations, in light of the introduction of individual-type defined contribution pension (iDeCo) and the Dollar-Cost Averaging NISA.

#### **j Promote consumer education efforts according to the life stage**

Based on discussions at the Consumer Education Promotion Committee established based on the Act on Promotion of Consumer Education (Act No. 61

of 2012), a review was made on the “Basic Policy on Promotion of Consumer Education” (decided by the Cabinet in June, 2013), and promote consumer education setting the Policy as a guideline. Specifically, in order to provide a seamless learning opportunity throughout the life of consumers according to various life stages, the Consumer Center is positioned as a base for consumer education, support for promoting the development and deployment of coordinators who take on the role of coordinating between the various stakeholders and places responsible for consumer education.

#### **j Promotion of ICT utilization and adoption in medical, long-term care and health fields**

With the progress of the declining birthrate in the ageing of the population and the change in disease structure, and the increase in social security expenses accompanying with them, the environment surrounding medical care and long-term care in Japan have been changing dramatically. Under these circumstances, we will conduct some demonstration experiments to achieve PHR (Personal Health Record) functions capable of managing personal medical care, long-term care, health information chronologically, and for solving technical problems in making rules about data distribution in collaboration between medical institutions and long-term care facilities and also between medical institutions and individual such as telemedicine.

The aim is construct the network of local medical institutions, long-term care providers, and so on, to build an environment where individuals can manage and utilize their own medical, long-term care and health data, and to build a “healthy society of longevity” in which people's healthy life span will extend, enjoying medical care, long-term care and health care services.

### **4 Living Environment**

#### **j Promotion of measures based on the “Universal Design 2020 Action Plan” aimed at realizing cohesive society**

For the hosting of Tokyo Olympic Games and Tokyo Paralympic Games in 2020 and realization of a cohesive society as a legacy after that, we will steadily address concrete measure contents of barrier-free project in the “Universal Design 2020 Action Plan” (decided by the Ministerial Conference related to Universal Design in February 2017).

In addition, based on this action plan, considering the result of Study on the way of Barrier-free Act and related measures, the Cabinet submitted

Barrier-free Act to the 196th Diet. The contents of the bill includes: to promote integrated efforts of infrastructure-based and non-infrastructure-based measures by public transportation business operators, to reinforce the efforts in regions towards barrier-free town planning, to expand the scope of application of Barrier-free Act and to promotion of the provision of barrier-free information for the users, etc. We will advance preparatory work for enforcement based on the deliberation situation at the National Assembly of the amendment bill of the Barrier-free Act.

#### **j Stably secure a housing for older people**

For promotion of the supply of “house for older people with service” created in the enforcement of the “Act Partially Amending Act on Securement of Stable Supply of Elderly Persons' Housing” (October, 2011) (Act No. 32 of 2011), we will provide assistance for maintenance cost, special measures for taxation, and support by loans of Japan Housing Finance Agency.

Furthermore, in order to respond to an increase in the people such as aged households who require housing support, we will establish new housing safety net policy in FY 2017 that contains registration systems for rental housing that is intended for the promotion of smooth move-in for persons requiring housing support, as well as provided support for home renovation and reduction of residents' burden holds with this policy. Japan Housing Finance Agency is going to implement loans applying the special repayment system for older people for barrier-free repair work to be conducted by the older himself/herself. Also, for houses that are excellent in barrier-free performance and the like, interest rate cuts will be implemented for Flat 35S, which utilizes the framework of securitization support business. Furthermore, by utilizing the housing loan insurance system, promotion of reverse mortgages applicable to funds for construction, purchase, and improvement of houses provided by private financial institutions will be supported.

#### **j Strengthen collaboration between housing and welfare policy implementation**

We will promote plan formulation for ensuring the stability of residence of older people in prefectures and municipalities, based on the “Act on Securement of Stable Supply of Elderly Persons' Housing.”

In addition, we will promote the supply of rental housing for the older people where living support / long-term care services are provided, and will provide safe housing cooperating with medical care and long-term care.

Additionally, under the comprehensive older people housing policy of municipalities, we will implement silver housing project and promote the development of older people life consultation center, which will serve as a base for providing services such as life support advisors in public housing.

Furthermore, since in FY 2018 and thereafter, in conjunction with large-scale renovation of existing public housing and improved housing, we will implement efforts aimed at introducing living support facilities such as older people welfare facilities.

#### **j Comprehensively promote town development and community development in consideration of all generations**

From the viewpoint of regional revitalization, we will promote efforts of “communities for lifelong activities” aiming for developing communities where middle-aged and older people move in the rural and town areas at their wish to live a healthy and active life while interacting with local residents of different generations and can receive necessary health-care and Long-term care services.

Also, at the “Communities for Life-long Activity Formation Support Team” that the related ministries and agencies cooperate to support efforts of local governments, we will grasp the situation of the target organization at any time and provide support for promotion as necessary.

Additionally, at the “Communities for Life-long Activity Formation Support Team” that the related ministries and agencies cooperate to support efforts of local governments, we will grasp the situation of the target organization at any time and provide support for promotion as necessary. We will promote the formation of an attractive “Communities for Life-long Activity” depending on the characteristics of the area by backing-up efforts of local public entities and business entities that have intention to work on “Communities for Life-long Activity,” utilizing the results and issues obtained from such precedent municipal case, and the reference cases, know-how, etc. of the “Manual for the realization of the concept of Communities for Life-long Activity.”

#### **j Assure traffic safety**

In order to prevent elderly drivers from causing traffic accidents, we will promote further measures including smooth enforcement of the revised Road Traffic Act, development of a system to support the life of older people by the society as a whole including ensuring transportation means for older people and further review of the driving license system, and awareness raising of safety driving support car and further promotion of measures



against wrong-way traveling on expressways in consideration of the characteristics of elderly driver, based on the “Measures to Prevent Traffic Accidents by Elderly People” (decided by the Traffic Policy Headquarters on July 7, 2017).

In addition, on March 31, 2017, the concept of automobile (Safety support car) facilitating elderly drivers’ safe driving, equipped with advanced safety technology was defined together with the nickname “Safety support car S (abbreviation: Sapocar S)” was decided. The promotion and awareness raising is underway by both the public and private sectors. Focusing on the wrong-way driving on expressways, we will deepen the consideration of this issue at the expert panels and public-private partnership meetings to provide multi-layered countermeasures through both infrastructural and non-infrastructural improvements of road structure, drivers and automobiles to ultimately achieve “zero wrong-way driving accident on expressways by 2020,” which is in line with “Road Map to Future Measures to Prevent Wrong-way Driving on Expressways” planned in March 2016. We also plan to start deploying new technologies in FY 2018 that are designed to prevent wrong-way driving and have been solicited and selected from the private entities by the Expressway Companies and will further examine the wrong-way driving detection/control technologies that utilize vehicle-infrastructure cooperation.

#### **j Promote the adult guardianship system**

We inform about the adult guardianship system that supports the person in regard to property management and contracts of older people with dementia. The adult guardianship system is an important means to support persons who have difficulties in management of property or daily life etc due to dementia, intellectual disability and other mental disorders, and comprehensive measures to promote their use. In April 2016, the “Act on the Promotion of the Adult Guardianship System” (Act No.29 of 2016) was established and based on this act, based on the discussion at the “the Commission on Promotion of the Adult Guardianship System,” 2017 in March of the year, the Cabinet decided on the “Basic Plan for Promoting the Adult Guardianship System.” In line with the basic plan in the future, in addition to asset management of adult wards and others, not only for decision-making support / personal protection but also for laying an emphasis on protecting the support, improving the system and its operation so that users can realize the benefits and use the adult guardianship system. We will comprehensively and systematically promote measures to promote the

use of the adult guardianship system, such as creating regional collaboration networks. In addition, it examines the system (so-called disqualification clause) in which restrictions on the rights of adult wards etc. are established and decides to make the necessary reviews.

## **5 Research Development and Contribution to the World**

### **i Utilize advanced technology and Activate the market for older people**

In order to promote nationwide dissemination of ICT at long-term care facilities, we will implement measures to establish ICT standard specifications, including review on the contents of information that is required in the future and the vision of the security regarding information linkage among long-term care facilities.

In addition, regarding the nursing care robots, in order to maintain and improve the quality of life for the older people through support for independence and reduce the burden on caregivers, in addition to promote development that truly gathering the needs of the site, we will, in the long-term care remuneration revision work for FY 2018, revise to add the night shift employee placement in cases where long-term care can be effectively provided by the introduction of watching device.

### **j Investigate and research on diseases and health promotion specific to older people**

As measures against cancer, which is the leading cause of death among older people, based on the “Basic Plan to Promote Cancer Programs” (3rd term) (decided by the Cabinet in March, 2018, hereinafter referred to as the “Basic Plan”), where “Cancer Prevention,” “Improvement of Cancer Treatment,” “Coexistence with Cancer” are characterized as the pillars, comprehensive cancer countermeasures have been promoted, including realization of cancer genome medicine and rare cancer, enhancement of measures to intractable cancer, and promotion of employment support for cancer patients.

Concerning the research activities of cancer, based on the “10-Year Cancer Research Strategy,” in addition to survey research aimed at contributing to policy recommendations for resolving policy issues clearly stated in the above-mentioned Basic Plan, in order to create innovative diagnostic methods and therapies, research and development will be promoted strategically on the development of minimally invasive diagnosis technology and early diagnosis technology, and the research on new immunotherapy, etc.

Also we will advance research for establishment of

therapy, etc. suitable for elderly cancer patients, including the viewpoint of QOL.

#### **i Spread Japan's knowledge to the international community**

In the international fora, such as G7, TICAD, General Assembly of the United Nations, Japan has been actively advocated to promotion universal health coverage (UHC).

Basic health services of UHC include services such as maternal and child health, infectious disease control, community comprehensive care and long-term care. We will continue to cooperate sharing Japan's experience, technology and knowledge through the assistance for ageing societies in developing countries, support for social security system improvement, dispatch of experts, training etc.

In addition, at the "Promotion Council on the Asia Health and Wellbeing Initiative" chaired by the Director-General of the Office of Healthcare Policy in the Cabinet Secretariat and composed of appropriate Director-Generals of relevant ministries and agencies, in order to promote exchange of human resources in the medical and long-term care fields under the Asia Health and Wellbeing Initiative, it was determined to build a private certification system for Japanese language schools both in Japan and overseas, and to establish a system for examining standards required for new Japanese language tests focusing on the measurement of communication ability at long-term care sites for technical intern trainees for the

occupation of care worker.

## **6 Promote Success of All Generations**

### **i Promote Success of All Generations**

Toward realization of dynamic engagement of all citizen that everyone can play active in society we will promote efforts, based on "The Japan's Plan for Dynamic Engagement of All Citizens" (decided by the Cabinet on June 2, 2016).

In particular, regarding the work style, we will promote the "Action Plan for the Realization of Work Style Reform" (decided by the Council for the Realization of Work Style Reform on March 28, 2017) to enable each person to choose a diverse and flexible working style according to their objective, ability and circumstances. We will further promote discussions at "Council for Designing 100-year Life Society" and a basic concept will be set-out in the summer of 2018.

Based on the "New Economic Policy Package" (decided by the Cabinet on December 8, 2010), we will tackle the human resource development revolution and productivity revolution with a view to the 100-year era of life.

In addition, we will promote measures based on the "Outline of Measures to Cope with Society with Declining Birthrate" (decided by the Cabinet on March 20, 2015) and the "Fourth Basic Plan for Gender Equality" (decided by the Cabinet on December 25, 2015).