

# POST-PROGRAM ACTIVITIES OF PYs OF SSEAYP2018

## JAPAN

The “See You Soon” Project aims at connecting Japanese and ASEAN youths on the base of their personal friendships. We encourage them to make friends by exchanging letters, chatting on social media and, after all, meeting up face-to-face during a study tour we plan.

It began as a PPA of JPY45th as we wished our young generations to know, in the early time of their life, about ASEAN member countries, cultures and religions of our lovely friends of PYs since we got impressed by them through SSEAYP.

We had 7 sessions in Fukushima and Aichi prefecture (Japan), Bandar Seri Begawan (Brunei Darussalam) and Mandalay (Myanmar). The total number of local participating youth is around 1,000. We wish to spread “See You Soon” Project to 10 prefectures and 10 ASEAN member countries in 5 years with 3000~5000 youths. This project brings ASEAN and Japanese youth together beyond the distance and the differences with FRIENDSHIP.

## LAO P.D.R.

WE CARE, WE SHARE 2:

The project was implemented by LPY18 as a volunteer activity, called “We Care, We Share 2” at Lao Youth Union. It started as the pre-departure activity of 2018. Its goals were to promote some of the lesser-known majors in the country; give demonstrations of vocational jobs; to inspire students with stories of success from guest speakers; and to encourage students to bring out their hidden talents.

Other than the LPY18, participants included Ex-PYs, the LaoSAA President and high school students.

Introducing the participants to a wider range of majors, could help them find a more suitable fit for their skills and income ambitions. This in turn would help bring more people to majors that would benefit society.

## MALAYSIA

MaPY45 after their pre-departure activity at Kampung Orang Asli Sungai Buloh, Selangor. The closing ceremony was officiated by Penolong Pengarah Pembangunan Jakoa Selangor and Wilayah, En. Mohd Yusof Bin Naib, which was supported by Puan Fazulia, the National Leader for MaPY45 and the excos of SSEAYP International Malaysia (KABESA).

MaPY45 after the Recycle Activity with the kids at Kampung Orang Asli Sungai Buloh. The kids were taught how to segregate the wastes they found around their area, according to the different categories.

MaPY45 during their Post Program Activity after SSEAYP. They initiated a library makeover for Kampung Orang Asli Sungai Buloh, and improved it into a more conducive library for the kids to learn and read.

## MYANMAR

My-PY 45th and 46th conducted five activities. On 15-17 Aug 2019, West Phwar Saw village in the middle school, building a mini playground and a garden using waste recycled projects, planting for greening of the environment. On 25th May 2019, to enhance awareness for social security and save traffic. On 25th Aug 2019, At mandalay General Hospital, fresh cleaning, cleaning of trash & drains and systematic disposal of fresh.

UPCOMING; The main sponsor of the 46th Contingent, the uab bank (Head Quarters in Singapore) have promised to build a new building for a primary school in a remote area and the venue is to be chosen by the Contingent. Our AA will help in selecting a school in need of a proper building by consulting with the Education Department. This will be done as their Post Program Activities during the open season (before the monsoon).

## PHILIPPINES

The 45th Batch, in partnership with the SK Federation District 6 Quezon City, successfully organized “Hero in YOUth” at Pasong Tamo Elementary School in Quezon City last June 2019. Insightful discussions and fun-filled activities kept the participants engaged during the program. The whole day covered topics on Reducing Plastics, Media Literacy and Photography Tips, First Aid and Basic CPR Training, and Youth Project Proposal Making.

## SINGAPORE

On 15 June 2019, 45th SSEAYP SPYs together with 25 youth volunteers reached out to senior citizens from a social service agency AAWA. They organized a Walks of Life programme at Toa Payoh Central. The broad objectives of the programme is to: foster inter-generational bonding, promote healthy lifestyle and raise awareness about stories of landmarks in heartland.

The main activity was a walking conversation with five checkpoints. Seniors and volunteers were paired up during the walk and were led by SPYs on the proposed route. At each checkpoint, there were interactive activities for bonding where SPYs shared with the seniors and volunteers facts about the venues and its significance in Singapore's history. Throughout the walk, the youths and seniors were encouraged to talk to one another about their lives, interests and other topics they wished to share.

The youths found the walk useful in learning new facts about community areas that are not known. All participants of the walk learn more about the history and significance of Toa Payoh, one of Singapore's oldest estates.

## THAILAND

“Goal and Grow” camp, their Post-Program Activity (PPA), at Sanpatong Witthayakom School, 50 high school students participated in 2 days life skill building camp. In Chiang Mai, the camp provided the guidance for participants in strengthening their strengths and realizing their limitations so that they may choose the career path best suited for them and thrive in the rapidly changing world. Above all, ASSEAY appreciated the warm welcome and strong support from ex-TPYs in Chiang Mai. There is no spirit like SSEAYP spirit!

## VIET NAM

On 17 December 2018, right after returning back to Viet Nam, the Vietnamese Delegation in SSEAYP 2018 immediately carried out the first Go & Grow PPA “Embracing Knowledge” at Minh Quang B Primary School and Minh Quang Secondary School in Ba Vi district, Hanoi. In Viet Nam, the rate of reading habit among pupils in rural areas is low, therefore, the objective of “Embracing Knowledge” PPA is to promote and enhance the reading habit for about 500 pupils in underprivileged places. At Minh Quang B Primary School, the delegates acted a funny play to deliver the value of books to the pupils. At Minh Quang Secondary School, 3 special classrooms (English - Science - Culture) were created to make the theoretical knowledge more familiar to them. The students could also join the quiz in English and discover ASEAN member countries culture. At the end of the first PPA, Vietnamese Delegates gave 500 books of different kinds and high quality to each school library. On 28 July 2019, the Vietnamese Delegation in SSEAYP 2018 and Ex-PYs continued to carry out the second Go & Grow PPA in the series “Embracing Knowledge” PPA in Tien Chau, An Ninh Tay commune, Tuy An district, Phu Yen (Phu Yen is in the central part of Viet Nam). In this PPA, Vietnamese Delegation also gave more than 100 books, 1000 notebooks and 100 tonic medicines for 11-18 year-old orphans. In addition, the delegates also promoted the reading habits, raised the pupils’ and orphans’ awareness of soft skills. On 9 November 2019, the 45th Vietnamese Participating Youths are going to carry out the third Go & Grow PPA ‘Embracing Viet Nam’ in Dong Thap which is in the South of Viet Nam. Stay tuned.

# DISCUSSION FACILITATORS

## DG1 : Disaster Risk Reduction and Recovery

My goal is to build a platform for ASEAN and Japan for disaster respond, mitigation and planning. Rather than just waiting for a disaster, this platform can also be used as a branch to share ideas, discuss and help each other in times of disaster.

When everyone from every country can be resilience, we can build a stronger community who will get support from each other not just from around them, but also as ASEAN-JAPAN Community.

## DG 2 : Diversity and Social Inclusion

"Diversity and Social Inclusion" means working to make sure everyone is included in a society that there's a equal opportunities for people to feel accepted where everyone feels a sense of belonging and respect regardless of issues like gender, race, religion, disability orientation and others. PYs will observe projects implemented by organizations working to promote acceptance on a social issues.

PYs will also study Intercultural Communications such as theories of models on cultures, communication styles and differences of values through activities and discussions. They'd gain perspectives and empathy on people from different cultures.

## DG 3 : Education

For me, the ultimate goal of education is to create a high-caliber workforce composed of well-educated people who are ready to lead the country and contribute towards its development.

I strongly believe that by investing in education we pave the way for social transformation and serve as an inspiration for others to also take a step towards change in our community.

## DG 4 : Employment and Decent Work

I have personally made so much research on my Discussion Topic which is Decent Work and Employment. This is in line with Sustainable Development Goal of United Nations which would bring about decent work for all nations under the supervision of the International Labor Organization. The planning was in terms of labor market statistics, conditions and issues that faces any country. Southeast Asia is a plethora of skilled and migrant workers. Such topic is a very good point for discussion for the participating youths and able to provide them insights of what are the labor conditions in the Southeast Asian region. My expectation is that participating youths, become part of this discussion topic. They need to immerse and embrace decent work. They need to provide inputs and share experiences to the rest of the participating youths. After all, we are here to learn - together.

## DG 5 : Environment and Sustainability

In DG 5 - Environment and Sustainability, we look into the various pressing environmental issues particularly the impacts of climate change. We hope to draw concrete actions to help the vulnerable communities in the region to counter it and address its causes and effects. Further, we explore measures to achieve sustainable development where there is a strong consideration in ensuring a balanced priority set for people, planet and profit.

## DG 6 : Good Health and Well-being

This DG will mainly observe youth health and especially mental health, starting from the Sustainable Development Goals (SDGs), then taking it to the context of Japan and South East Asia countries. In addition, the discussion will also explore available services for youth, marginalized community, and the regulation or policies to enhance the youth wellbeing. In the end, youth will reflect on ways to achieve a good health and wellbeing in the context of Asian.

## DG 7 : Information and Media

The discussion group aims PYs to have the understanding of social impact they get from information and media in everyday life. PYs will discuss on the importance of being media literate on how people should use the information and media to convey messages as senders and as receivers. Then PYs will gain knowledge and skills on citizen journalism and strategic communication management. At the end, PYs should be able to apply the knowledge for their Post Program Activities.

## DG 8 : Soft Power and Youth Diplomacy

We will mainly talk about the power in the world, especially the power that we (PYs) have as a future leaders. One of the outcome that we expect from the course is for PYs to understand the intention of countries when they encounter with other countries in diplomatic scene.

## DG 9 : Youth Entrepreneurship

PYs in DG9 Youth Entrepreneurship will explore how they can encourage and promote entrepreneurship to thrive among their fellow youths. In the process, they will also discover the various factors and aspects of successful entrepreneurship. It is my hope that DG9 PYs will be equipped and inspired to make youth entrepreneurship their area of advocacy.



From Left :

Khairuddin Bin Othman (Dino) DG 1 / Minagawa Kaya (Kaya) DG 2 / Dimas Firdaus Samudra (Dimas) DG 3  
Tito L, Aldecoa III (Jay) DG 4 / Ma. Lourdes Eudela (Malou) DG 5 / Fairuziana Humam Hamid (Fai) DG 6  
Nantaporn Wongchestha (Tor) DG 7 / Fukasaku Koki J. (Koki) DG 8 / Amdy Iskandar Ajtes (Andy) DG 9

# NATIONAL LEADERS



From Left :

Sadakane Midori - Japan NL / Tran Hoang Khanh Van - Viet Nam NL / Chairul Fahmy Bin Hussaini - Singapore NL  
Nyein Nyein Linn - Myanmar NL / Mohamad Syahmi Bin Mohamad Anis - Malaysia NL / Shahminan Md Yasin - Brunei  
Darussalam NL / Sokun Sophakreasey - Cambodia NL / Sylvanus Hardiyanto - Indonesia NL / Theangthong Chanthanom -  
Lao P.D.R. NL / Mamutuk, Jamel Tabao - Philippines NL / Janhom Geerawattin - Thailand NL

Throughout the program, NLs are very proud of the PYs. The spirit of friendship, solidarity, and collaboration among the participants is tremendous. PYs also maintained their health very well as well as their discipline for the time. They are always active and never show their withdrawn when the journey was challenging and put more effort instead.

The program creates opportunities to build dynamic relationships. They learn to give support whenever needed, encouraging and motivating their friends to do well and excel in programs or activities they took part learn how to be during the program, which NLs believe will determine their altitudes in life.

NLs think SSEAYP is the true learning grounds of a saying: The distance between your dreams and reality is called discipline. NLs were happy to share that SSEAYP46 has done extremely well, overcoming many challenges to complete their tasks successfully.



	NAME AND ADDRESS	NAME OF PRESIDENT / SECRETARY GENERAL
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	SSEAYP International Indonesia Inc. (SI Indonesia) Senayan Trade Center (STC), 2nd Floor, No. 35 Senayan, Central Jakarta 10270 Indonesia Email: <a href="mailto:info@sseaypindonesia.org">info@sseaypindonesia.org</a> <a href="http://www.sseaypindonesia.org/">http://www.sseaypindonesia.org/</a> <a href="https://www.facebook.com/sseaypinternationalindonesia/">https://www.facebook.com/sseaypinternationalindonesia/</a>	Ms. Pia Adiprima (1997 PY, 2004 OBSC), President Mr. Sylvanus Hardiyanto (2000 PY, 2011 OBSC), Deputy President I Mr. Arief Rizky Bakhtiar (2010 PY), Deputy President II Ms. Malinda Budi Wiranti (2012 PY), Director of Communication and Information
	International Youth Exchange Organization of Japan (IYEO) Tokyo Nori Bldg. 6F, 2-35-14 Nihombashi Ningyocho, Chuo-ku, Tokyo 103-0013 Japan Phone: +81-3-3249-0767, Fax: +81-3-3639-2436 Email: <a href="mailto:sseayp@iyeo.or.jp">sseayp@iyeo.or.jp</a> <a href="http://www.iyeo.or.jp/">http://www.iyeo.or.jp/</a>	Mr. Koge Masaharu (SWY PY), President Mr. Shiratori Masanobu (1993 PY, 2003 NL), Vice President Ms. Honda Atsuko (SWY PY, 2005 Facilitator), Vice President Mr. Nagasue Tatsuya (SWY PY, SWY NL), Vice President Ms. Tanaka Junko (SWY PY, 2007 Facilitator), Vice President Mr. Ishizaki Yoshiaki (Japan-Korea PY), Vice President Mr. Tabata Seigo (2004 PY, 2008 OBSC), Secretary General
	KABESA (SI Malaysia) c/o International Youth Centre, Jalan Yaacob Latif (Jalan Tenteram), Bandar Tun Razak, Cheras, Kuala Lumpur 56000 Malaysia Email: <a href="mailto:official.simalaysia@gmail.com">official.simalaysia@gmail.com</a> <a href="https://sseaypmalaysia.wordpress.com/">https://sseaypmalaysia.wordpress.com/</a> <a href="https://www.facebook.com/SIMalaysia.Official/">https://www.facebook.com/SIMalaysia.Official/</a>	Mr. Che Muhamad Nordin Bin Ismail (1988 PY), President Mr. Khairul Annuar Bin Mansor (2003 PY), Deputy President Mr. Zaidi Syazwan Bin Azim (2005 PY), Secretary General Ms. Sharifah Norizah Binti Syed Aha (2008 PY), Assistant Secretary General
	SSEAYP International, Association for Youth Development (MYANMAR) (SI Myanmar) Room D7, Building 421, Shwegondaing Road, Middle Shwegondaing Ward, Bahan Township, Yangon Region, Myanmar Phone: +95-1-642227 Email: <a href="mailto:simyanmar2015@gmail.com">simyanmar2015@gmail.com</a> <a href="http://www.facebook.com/SIMyanmar">www.facebook.com/SIMyanmar</a>	Mr. Khin Maung Yi (2000 NL), President Ms. Su Su Hlaing (1998 PY), Vice President (1) Mr. Aung Kyaw Kyaw Oo (2003 PY, 2019 OBSC) Vice President (2) Ms. Dr. Aye Aye Thant (2012 NL, 2014 NL), Vice President (3) Mr. San Ko (1999 PY), General Secretary Ms. Kay Thi Win, (2002 PY, 2017 OBSC), Secretary
	SSEAYP International Philippines, Inc. (SI Philippines) #17 Masbate St., Nayong Kanluran, West Avenue, 1104 Quezon City, Philippines Email: <a href="mailto:sseayp.philippines@yahoo.com">sseayp.philippines@yahoo.com</a>	Mr. Feliciano Manuel B. Manlulu II (1991 PY, 1994 OBSC), President and Chairperson of the Board Mr. Andres V. Tezano, Jr. (1996 PY), Vice President for National Affairs Mr. Dennis Lawrence T. Sebastian (1994 PY, 2018 OBSC), Vice President for International Affairs Ms. Carl Michelle T. Ong (2010 PY), Corporate Secretary
	SSEAYP International Singapore (SIS) Enterprise Development Centre Block D. Level 2, ITE College Central 2 Ang Mo Kio Drive, Singapore 567720 Email: <a href="mailto:sis.secgen@gmail.com">sis.secgen@gmail.com</a> <a href="http://www.sseayp.com/sis/">http://www.sseayp.com/sis/</a>	Mr. Yacob bin Hussain (1992 PY, 2003 NL), President Mr. Kelvin Lai Kok Heong, PBM (1996 PY, 2008 OBSC), 1st Deputy President Mr. Ronald Teo (2000 PY, 2017 OBSC), 2nd Deputy President Mr. Muhammad Riduan Bin Samad (2012 PY, 2018 OBSC), Secretary General Ms. Siti Hidayah (1992 PY), Deputy Secretary General
	Association of the Ship for Southeast Asian Youth of Thailand (ASSEAY) P.O. Box 24, Srinakhrinwirot Post Office, Bangkok 10117 Thailand Email: <a href="mailto:asseay_thai@yahoo.com">asseay_thai@yahoo.com</a> <a href="http://www.facebook.com/ASSEAY">www.facebook.com/ASSEAY</a> <a href="http://www.asseaythailand.com">www.asseaythailand.com</a>	Mr. Jakraphun Thanateeranon (2004 PY, 2009 OBSC, 2014 NL), President Ms. Pattria Sriputtangkul (2010 PY), Secretary General
<b>ASSOCIATE MEMBERS</b>		
	Lao SSEAYP Alumni Association (LSAA) c/o Lao People's Revolutionary Youth Union Phonthan Road, Saysettha District, Vientiane Capital, Lao P.D.R. Phone/Fax: +856-21-416-727	Ms. Keooudone Sengmanivong (2000 PY, 2001 NL), Acting President Mr. Thathsaphone Lerththavone (2005 PY, 2013 OBSC, 2015 NL), Board President Committee
	Viet Nam Alumni Club of Youth Friendship Exchange Programs (VACYF) c/o Youth International Cooperation Development Center (CYDECO) 62 Ba Trieu, Hoan Kiem, Hanoi, Viet Nam Phone: +84-4-62631935/62631942/62631938 Email: <a href="mailto:contact@cydeco.org">contact@cydeco.org</a> Fax: +84-4-62631934	Ms. Bui Diem Huong (2003 PY), Chairperson Ms. Nguyen Y Van (2012 PY), Vice Chairperson Mr. Tran Trung Hieu (2017 NL), Secretary General Ms. Nguyen Minh Chau (2018 PY), Secretary Mr. Hoang Minh Thong (2012 PY, 2015 OBSC), Secretary
<b>[SECRETARIAT]</b>		
	SSEAYP International c/o International Youth Exchange Organization of Japan (IYEO) Email: <a href="mailto:si.secretariat@iyeo.or.jp">si.secretariat@iyeo.or.jp</a>	Mr. Shiratori Masanobu (1993 PY, 2003 NL), Secretary General Ms. Tajima Yukiko (1999 PY, 2001 OBSC, 2002 OBSC), Deputy Secretary General Assist. Prof. Dr. Siripong Preuththipan (1991 PY, 2007 OBSC, 2011 NL), Deputy Secretary General



## OBSC 2019



From Left :

1. Amilasan Darwisa Allan (SSEAYP 1989) 2. Novita Indah Nugraheni (SSEAYP 2011) 3. Muhammad Zulhardie Hamdan (SSEAYP 2011)
4. Aung Kyaw Kyaw Oo (SSEAYP 2003) 5. Tran Hoai Minh (SSEAYP 2011) 6. Ayaka Mizoi (SSEAYP 2017)
7. Yamamoto Shigeki (Administrator for the 46th SSEAYP) 8. Mohamad Hairil Bin Johari (SSEAYP 1996) 9. Zaidi Syazwan Bin Azim (SSEAYP 2005)
10. Mech Sereyrath (SSEAYP 2015) 11. Phetmany Vilouna (SSEAYP 2014) 12. Thanabordee Yeelansuwan (SSEAYP 2012)



This year 2019 is the first that the new format is applied to the OBSC program. All 11 OBSC representatives assembled in Tokyo from almost the 28th of October until the 4th of November to organize program for the participating youths in Japan. During their time, OBSC had to plan and facilitate two series of Post Program Sessions to the participating youth. After the Post Program Sessions and discussion, OBSC would help participating youths understand more about Go and Grow Programs and how to implement them as they get back to the respective country.

Among OBSC representatives, there were a different range of generations. Some were from recent batches and their experiences were still fresh, while the others were from the pioneering batches and come back to SSEAYP after 30 years. Despite all the generation gap, everyone shared the same spirit and excitement upon coming back to the program.

SSEAYP GO and Grow and country reports were presented at the Post Program Session I on 31st October, 2019, following by the Post Program Session II conducted by OBSCs and their respective contingents on 1st November, 2019. #OBSC2019 #noseasick

