


**NATIONAL PRESENTATION**

"It's so Authentic, that just made us dive into each cultural roots of each country, we've always found a similarity at least one traditional dance in every continent."

**Bali | I04 | Indonesia**

**PL SEMINAR**

"Through the PLS, I learned about mediation in Indonesia, Thai massage, and how to organize the PLS as an organiser. It was great opportunity to learn from PYs, get to know new people and new culture."

**Reon Nojima | J15 | Japan**


**DISCUSSION GROUP (DG)**

"The DG process was collaborative and culturally enriching. Future programs should be more forward-thinking, with preparatory workshops and refined solutions to ensure sustainable and effective outcomes."

**Audrey | P02 | Philippines**


**SOLIDARY GROUP (SG)**

"As a SG Sub-Com, I helped create enjoyable activities for all PYs. Despite hosting duties, our contribution strengthened bonds, created joyful memories, and became a meaningful part of the SSEAYP experience."

**Minh | V02 | Vietnam**


**VOLUNTARY ACTIVITY (VA)**

"VA is a great platform for PYs to share culture and build genuine connections. From Noodle Nights to Karaoke and Sake Night, these casual, co-hosted activities make cultural exchange more meaningful and memorable."

**Prae | T13 | Thailand**

**INSTITUTIONAL VISIT**

"I gained invaluable knowledge and memorable experiences that made learning engaging. Observing their organizational cultures, advanced technologies, and disciplined, was deeply impressive."

**Tolex | L15 | LAO P.D.R**


**HOMESTAY**

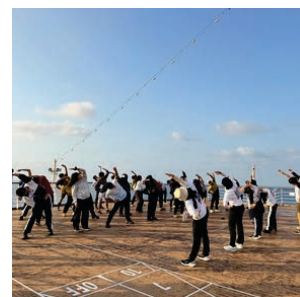
"My homestay in Japan and Singapore was unforgettable, as I was warmly welcomed and shared meaningful cultural exchanges. From traditional experiences in Tokushima to exploring Singapore's iconic spots, every moment was enriching"

**Jessy | Tim04 | Timor Leste**


**FLAG HOSTING**

"My impression of the flag hoisting ceremony is that it is a powerful and dignified event reflecting unity, respect, and national pride. It meaningfully showcases each country's identity and cultural heritage."

**Luktarn | T01 | Thailand**


**MORNING EXERCISE**

"Every morning, I think to myself, "should I go to morning exercise or sleep in today?". But my body already knows the answer, and I'm automatically making my way to start a brand-new day with my lovely SSEAYP."

**April | Ma14 | Malaysia**

**MORNING ASSEMBLY**

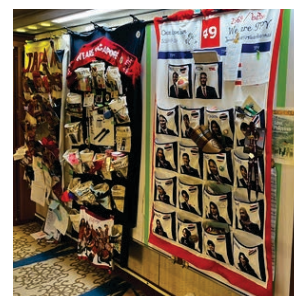
"My impression of the flag hoisting ceremony is that it is a powerful and dignified event reflecting unity, respect, and national pride. It meaningfully showcases each country's identity and cultural heritage."

**Rosely | C11 | Cambodia**


**WELCOMING DINNER**

"The welcoming dinner during the 49th SSEAYP 2026 was truly memorable, with cultural performances that beautifully reflected unity., it showed how ASEAN and Japan can come together as one."

**Nunu | B16 | Brunei Darussalam**


**CONTINGENT BOARD**

"The contingent board serves as a vital communication hub for exchanging letters during the onboard program without internet access. It brings PYs together through simple greetings and chance encounters."

**Mia | I13 | Indonesia**



**INDONESIA - GEMILANG (Gerakan Menulis untuk Indonesia Cemerlang)**, a transformative initiative by the IPY 2024, tackles Indonesia's critical educational challenges by fostering the skills necessary for the "Golden Indonesia 2045" vision. Launched to address low PISA reading scores, this program targets elementary students aged 9-12 with a community-driven model that empowers local youth organizations to become literacy facilitators. Using innovative learning modules like "Jurnal Harianku" for daily reflection, Fishbone Analysis for structured problem-solving, and international Pen Pal exchanges. The movement has made a tangible impact across 15 provinces and Kuala Lumpur, mobilizing 18 schools and over 740 students while driving literacy growth rates as high as 33%. GEMILANG goes beyond basic reading to cultivate critical thinking and empathy, creating more literate future for the nation.



**THAILAND - The Hope for the Better Future Project** was organized by the Thai Participating Youth of the Ship for Southeast Asian and Japanese Youth Program (SSEAYP) Batch 48 as a post-program activity, with the support of the Association of the Ship for Southeast Asian Youth of Thailand (ASSEAY Thailand). The project was successfully implemented during 8-9 March 2025 at Mahamek Home for Boys and Rajvithi Home for Girls. Designed to strengthen essential 21st-century skills among children in care institutions, the project adopted an interactive, game-based learning approach aligned with UNICEF's framework. Activities focused on five key competencies: critical thinking and problem-solving, creative and innovative thinking, communication, emotional intelligence, and leadership. Through group-based challenges, role-playing, and reflective discussions, participants were encouraged to develop confidence, teamwork, adaptability, and social awareness.



**Japan - Mini SSEAYP Project** was held on September 6th, 2025, PYs and NLs who participated in SSEAYP48 at Kochi Municipal Commercial High School in Kochi Prefecture. Through lectures and discussions on the themes of intercultural understanding and psychological safety, high school students learned about the joy of learning about other cultures. There were also quizzes about Southeast Asian countries, a fashion show featuring traditional costumes, and workshops on solving issues and creating appeal in Kochi Prefecture. Participating high school students commented, "I learned to enjoy learning about other cultures and their differences," and "This experience was helpful for my future career path."



**Lao PDR - Diet Optimization Initiatives Transformation** was held on 26 July 2025 by Lao Participating Youths (LPYs), successfully carried out a post-program activity at Panyanivej Organic Farm, with the participation of 35 youths. The activity aimed to promote proper food consumption, encourage healthy dietary practices, and raise awareness of the value of food and the reduction of food waste. The activity consisted of both knowledge-sharing and hands-on learning sessions. Participants were introduced to sustainable food systems and mindful consumption practices. A key highlight of the program was a practical composting activity, where participants learned about the composting process, its benefits, and the importance of responsible food waste management. Participants actively practiced composting using food waste and dried leaves, followed by a planting activity.



**MALAYSIA - Project HIDUP** is a youth-led community initiative that focuses on improving the quality of life of marginalised teenagers aged 13 to 17. The project supports marginal groups such as Orang Asli communities, low-income rural and urban families, orphans, undocumented youths, and those growing up in challenging family environments. HIDUP which means "living" in Malay, is built around five key pillars: **Hati** (emotional and mental well-being), **Intelek** (access to knowledge and technology), **Diri** (personal hygiene and self-care), **Usaha** (physical activities and positive engagement), and **Prihatin** (care for others and the environment). Each programme is designed using flexible modules that are adapted to the needs of different communities. Since its launch, Project HIDUP has implemented programs in welfare centres and urban schools, with plans to expand to underserved communities in Sabah.



**BRUNEI- Cultural Road Show by Satria Kesuma (BPY'48).** BPY48 conducted a cultural roadshow at Seria Mulia Sarjana International School, where they presented a mini version of the Brunei Presentation as performed onboard the ship to 100 secondary students. The program aims to promote and preserve Brunei rich heritage and culture, which included 5 mini workshops including making traditional accessories, the 'dastar' (traditional headwear) as well as an introduction to Bruneian folk lore, providing students with an interactive cultural learning experience.



**VIETNAM - The S.E.A (Sex Education Awareness) Project: Shining Vietnam** was launched by the Vietnam Participating Youth (VPY) of SSEAYP 48 on December 12, 2024, as a high-impact post-program activity. Held at Luc Ngan Boarding High School for Ethnic Minorities in Bac Giang Province, the project reached nearly 500 students, successfully translating the cruise's "Good Health and Wellbeing" (SDG 3) discussions into a tangible community mission. Under the "Shining Vietnam" spirit, the initiative addressed critical regional issues through expert-led seminars and five interactive educational camps focusing on puberty, STI prevention, and safe reproductive health practices. The project provided a safe space for open dialogue and empowered underserved youth with essential life knowledge, ensuring that the legacy of SSEAYP 2024 continues to create positive social change long after the voyage.



**CAMBODIA - Chulasa Core - "Youth's Dream" Project** is a legacy initiative established by the 48th Cambodian Participating Youths (CPYs) to promote community development and youth empowerment. During a site visit by the 49th Cambodian Contingent to the Arts and Cultural Training Club in Siem Reap, several challenges were identified, including inadequate training infrastructure, poor hygiene and waste management, and limited technical materials. In response, on 26 April 2025, the 48th CPYs officially concluded their Post-Program Activity by presenting key upgrades to the club. These included the renovation of the main hall and the donation of a laptop and learning materials for students, creating a safer, more professional, and better-equipped learning environment that supports cultural preservation and reflects the lasting impact of the SSEAYP spirit across generations for youth.



**SINGAPORE - "It's OK to ..."** The "It's Okay To..." initiative, a post-program activity by the SSEAYP 48 Singapore Contingent, was successfully held on 12 April 2025 at the Singapore Botanic Gardens. The program's main objective was to introduce participants to simple daily practices that reframe less helpful societal beliefs—such as the idea that it is not okay to rest or say no — to reduce long-term stress. By disrupting myths surrounding productivity, the event provided a safe space for attendees to engage in five interactive stations, including boundary setting and mindful cloud watching. Ultimately, 25 participants gained practical tools to normalize self-care and minimize self-guilt-tripping behavior. The team's adaptability in tailoring activities ensured that every participant found meaningful ways to integrate these wellness practices into their daily lives.



**PHILIPPINES - Project Management Bootcamps and Mental Health Initiatives.** PPY48 conducted a series of post-program activities across the Philippines, with project designs tailored to participant needs and local contexts. In Ormoc City, a disaster-prone area, the group implemented "Mission Possible," focusing on disaster risk reduction and project development. In Aklan, PPY48 partnered with the local government of Kalibo to conduct "Aklan Youth PITCH," a pitching competition that gave opportunity for proposals to be implemented with seed funding. In Davao, the "Davao Young Leaders Congress" was organized as a leadership and project development training in partnership to address tobacco-related issues affecting youth. PPY48 also led mental health initiatives such as "Panagtalinayon ti Panunot ken Aglawlaw" in La Union to promote youth mental health awareness, and "Siyap Ko Mga Wata" in Marawi, which focused on mental wellness among displaced children.





**JAPAN - "SSEAYP Experience Day"** will be held in August 2026 in Tokyo and Hiroshima, targeting high school students, where they can experience international exchange while enjoying snacks, dancing, and games. The SSEAYP is not well known in Japan, and it is said that young people have little interest in going abroad these days. Therefore, we will carry out a project to convey the significance of international exchange to the next generation, along with the SSEAYP experience.



**SINGAPORE - The 49th SSEAYP contingent's PPA** empowers 30–40 children from public rental housing through specialized educational workshops. The initiative delivers hands-on sessions on robotics, drama and climate change to bridge developmental gaps. By fostering STEAM curiosity and developing social-emotional competencies, the objective is to equip participants with long-term skills and a proactive mindset toward climate action.



**THAILAND - The Nonthaburi Youth Leadership Program** (Stand By Me: Nonthaburi Youth) aims to empower high school students in Nonthaburi Province by providing leadership training, encouraging creative problem-solving, and supporting project pitching and civic engagement. Participants will attend workshops to enhance leadership skills, join inspirational lectures, and participate in a hackathon-style competition over 2 days and 1 night. In summary, the program enhances youth capacity while creating practical concepts for the development of Nonthaburi.



**BRUNEI - "Wings of Inclusion"**, creating a ripple effect in the community. Through social media platform that connects youth and the public including hosting dialogues with professionals ; counselors, service providers, and educators. Also, to promote more inclusive communication practices thus creating a safe space to re-educate systems on the importance sign language and encourage greater awareness of non-verbal communication in mental health contexts.



**CAMBODIA - One Thread One Community** Through our youth-led activity, "One Thread, One Community," the Khemara Crew is bridging educational gaps at Lek Muoy Primary School in Kampong Cham. By renovating basic infrastructure, including bathrooms and a playground, and transforming an underutilized space into a library filled with child-friendly books, the project provides vulnerable children with equal access to literacy. This initiative fosters a sustainable reading culture, weaving a resilient future for the community.



**INDONESIA - MERAKIT: Nurturing Hope for a Stronger Indonesian Youth** is a youth empowerment led by IPY (Garuda 49) to address gaps in Indonesia's Youth Development Index, particularly in leadership, participation, disaster preparedness, and inclusive education. Through 16 youth-led projects reaching over 1,000 beneficiaries, it aims to develop compassionate young leaders committed to inclusive and sustainable community development nationwide



**LAOS - "Disaster preparedness"** in 29 April 2026 at Bo-O high school, Hatxayphong District, Vientiane Capital (a flood-prone school) with among 50–60 students from Grades 11 to 12. The lessons designed to be easy to understand through slides, infographic posters, and role-play videos from LPY2026 to raise awareness. For sustainability, we created a Facebook page "Disaster preparedness" to promote the activities and raise broader awareness.



**MALAYSIA - Gen RiZing: Unlocking YOUth Potential for a Better Future** is a focused capacity-building initiative aimed at imparting the knowledge, skills and insights gained from the meaningful participation in the 49th SSEAYP with select cohorts of high-potential local young changemakers. Centered on five key themes: quality education, sustainable tourism, climate action, disaster risk reduction, and inclusivity, which drive national progress for Malaysia.



**PHILIPPINES - Empowering the Next Generation of Filipino Leaders** serves as a multi-sectoral platform for SSEAYP 49 PY's to implement community-driven projects across six key thematic areas. This nationwide series of seminars, networking sessions, and grassroots projects kicks off with a Mindanao Youth Congress. Here, young leaders will be proposing legislative bills, drafting project plans, and pitching business solutions to address regional and national challenges.



**TIMOR LESTE - ESPERANSA (hope)**, as a pioneering initiative to inspire youth and create a positive national impact. The program aims to raise awareness about SSEAYP through information sessions while promoting youth engagement in leadership and regional cooperation. It also includes environmental actions such as beach clean-ups and mangrove planting to support sustainability and community development.



**VIETNAM - "Cybez"** serves as a strategic platform for VPY 49 to implement post-program initiatives across key thematic areas. This nationwide series of talkshows, seminars, and digital literacy projects kicks off with a "Personal Branding & Digital Resilience" forum. Here, young leaders will be building professional identities, enhancing cybersecurity awareness, and pitching career solutions to navigate the complexities of the 4.0 era.



Twenty years ago, I boarded the ship as a wide-eyed Participating Youth. This year, I returned as a facilitator -- with more grey hair, more adult wisdom, and thankfully, more patience. SSEAYP has always been more than a voyage; it's a living classroom on diplomacy, culture, and youth-led possibility. Watching this generation challenge ideas and co-create solutions reminds me that the program doesn't just build leaders but also rebuilds us, too.

Rodriguez Robert Logronio | DG-1 | Quality Education



SSEAYP49 marks more than the final voyage of MS Nippon Maru, once home to thousands of today's accomplished leaders; it celebrates a legacy that empowers youth leadership beyond the ship. This remarkable batch of Participating Youths carries courage, creativity, and conviction to strengthen ASEAN-Japan friendship and shape the future of our region. I am grateful to return this time as a Facilitator, supporting a journey that continues to ignite leadership across generations.

To all PYs—sail on. Your exciting journey of friendship and purpose has only just begun.

Reymond L. Pepito | DG-2 | Economic Growth and Sustainable & Responsible Tourism



As I was experiencing sea sickness, I was praying for calmer waters. But like in life, there can't always be calm waters. We can only build better ships to help us cope better no matter what life throws us. I am confident in the waves of change you will continue to make in your respective fields. Along the way, may you build better ships not only for yourselves, but for others, as well. Here's to an inclusive, sustainable, and just region.

Lara Jean L. Salaysay | DG-3 | Global Environment & Climate Change



Joining SSEAYP as a facilitator is deeply fulfilling. I witnessed PYs grow through dialogue and turn ideas into action. Walking beside them reaffirmed my belief that SSEAYP is not just an exchange, but a shared commitment to peace, trust, and a better future.

I wish all PYs carry the spirit of SSEAYP forward.

Nakano Mie | DG-4 | Disaster Risk Reduction and Recovery



It was an enormous pleasure facilitating the Social Welfare and Inclusion Discussion Group at the 49th SSEAYP. I was deeply impressed by the Participating Youths' can-do attitude, positive energy and strong desire for meaningful social change in their communities. I hope they carry this spirit of resourcefulness and generosity back to their countries. In a divided world, we need leaders guided by empathy, kindness and compassion. My wish for them is that they continue deepening their self-awareness to navigate complex challenges in diversity, social inclusion and equity. May they keep the SSEAYP spirit and regional collaboration strong for many years to come!

James Seow | DG-5 | Social Welfare and Inclusion



The SSEAYP 49 participants brought incredible energy to the Nippon Maru, particularly in DG 6 (Digital Society and AI). We tackled the digital divide and AI ethics, with youth from ASEAN and Japan committed to a human-centered future. As a facilitator from Nepal, this cross-cultural exchange was deeply rewarding. I am grateful to the Cabinet Office of Japan for this legacy. Nippon Maru, our floating home, was more than a ship; it was a bridge for lifelong friendships and shared visions. SSEAYP 49 will stay with me forever through the ripples of waves we shared.

Poudel Dipesh | DG-6 | Digital Society and Artificial Intelligence



From Left:

**JAPAN:** Koji Arie | **SINGAPORE:** Muhammad Riduan Bin Samad | **THAILAND:** Meesonk Nitiwate | **BRUNEI DARUSSALAM:** Ibrahim Sabli | **CAMBODIA:** Oun Batham | **INDONESIA:** Devianti Faridz | **LAO P.D.R.:** Sikhayphet Sengmany | **MALAYSIA:** Mohd Azreen Bin Abd Aziz | **PHILIPPINES:** Maraguinot Metodio Jr. Bag | **TIMOR-LESTE:** Cunha Dos Santos Carlos | **VIETNAM:** Nguyen Hai Van Hien |

**JNL:** “Returning to the Nippon Maru 20 years after my own journey as a PY, I am deeply moved to see the PYs growing daily through mutual understanding, just as I did. Leading this historic final voyage is a profound honor, confirming that while the ship may retire, our spirit of friendship is timeless.” - Koji Arie

**SNL:** “Very privileged to meet these amazing young people from ASEAN and Japan. I am sure they will do great things in life long after this edition of SSEAYP ends” - Riduan

**TNL:** “Joining SSEAYP has been one of the most remarkable moments in my life, shaping my perspective, values, and aspirations. It is more than just a program—it is a lifelong journey of friendship, learning, and shared purpose. I am proud to be part of the SSEAYP family.” - Poon

**BNL:** “This year’s SSEAYP has been a meaningful and inspiring journey, reflecting strong friendship and unity among ASEAN and Japan youth. I am grateful to serve as National Leader on this platform that shapes future leaders and strengthens regional cooperation.” - Ibrahim

**CNL:** “SSEAYP is more than an exchange program; it is a family and vibrant community that brings together young diplomats and youth from ASEAN and Japan to collaborate for a better society” - SAI

**INL:** “It’s a full circle journey for me to join SSEAYP 2026 after being part of SSEAYP since 2000 as a PY and DG Facilitator in 2015 and 2016. I am proud to see that the bond between ASEAN-Japanese Youths remain strong despite political differences that may exist at home. We are still an SSEAYP Family, united by a remarkable voyage together.” - Devi

**LNL:** “Joining SSEAYP for the first time showed me that despite our diverse cultures, we share the same dreams and hopes; from that first emotional moment on NIPPON MARU, I knew it marked the beginning of lasting friendships and meaningful memories—thank you, SSEAYP 49.” - Noy

**MaNL:** “SSEAYP means a lot to me, as it is a valuable opportunity to learn, grow and connect with inspiring young leaders from diverse backgrounds. I am truly grateful to be part of this journey. I hope these meaningful friendships will last forever.” - Azreen

**PNL:** “The 49th SSEAYP remains a meaningful platform where ASEAN and Japanese youth learn, grow, and build an inclusive community. This year offered deeper insight into today’s challenges and showcased how young leaders, through creativity and innovation, can become catalysts for change and strengthen regional ties.” - John

**TimNL:** “The program was tiring with many activities, but its beauty lies in fostering mutual understanding and friendship among PYs. It truly helps youth share ideas, hopes, and learn from one another.” - Carlos

**VNL:** “SSEAYP 2026 is especially meaningful to me, marking 20 years since my first participation and 30 years of Vietnam’s involvement. Returning after two decades, I witnessed stronger bonds, outstanding youth, and deeper dialogue, and I sincerely thank the Government of Japan for sustaining this valuable platform.” - Bella



**FROM LEFT:**

**KAWAZOE SATOSHI | JPY 2000**  
**DE JESUS ANDRADE ABEL | TIMPY 2024**  
**RANDIKA DWIPUTRA | IPY 2017**  
**JITAWANA SASIKARN | TPY 2023**  
**MENDOZA, DION MICHAEL MIRANDA | PPY 2019**

**GOH KANG SHYAN, FRANCIS | SPY 2016**  
**TUY CHANSOPANHA | CPY 2018**  
**CHALEUNLANGSY NINTHALAK | LPY 2014**  
**NGUYEN HUY HOANG | VPY 2017**  
**MD KHALID HJ MOHIN | BPY 2018**  
**MOHAMMAD ARIFFUDIN SAH HARUDIN | MAPY 2019**

As the OBSC representatives for the 49th SSEAYP, our team formed an immediate, lifelong bond despite hailing from different batches, even planning future OBSC activities across our respective countries. Upon departing Singapore, we met with the Discussion Group Facilitators to align on the directions for the six onboard sessions. We established a common consensus that Post-Program Activities (PPAs) must be rooted in contingent-wide agreement, aiming for cross-country collaboration while ensuring projects are both financially and environmentally sustainable. We are proud to report that every contingent has successfully developed an ideation of PPA during our OBSC-Contingent session. Most of the PPA presented were based on their successful discussion sessions which promoted design thinking, empathy and potential sustainability for future progress.

Beyond project mentorship, we worked to bridge the gap between the PYs and SSEAYP International, ensuring they understand how the alumni network can support their future endeavors and networking. Although our role is often perceived as simply reliving the PY experience, we have been working tirelessly behind the scenes from numerous online meetings, conducting interviews and gathering content for the newsletter within a very tight schedule. We are deeply grateful for the cooperation of the ship's Captain, administrators, facilitators, and National Leaders.

As the final OBSC batch to serve on board the Nippon Maru, we are committed to upholding our core values and bringing our full spirit and energy to the ship. We urge the 49th SSEAYP PYs, who also represent the final batch on the Nippon Maru, to carry this spirit forward and cherish the global friendships they have built long after the program ends. Finally, we would like to extend our deepest appreciation and gratitude to the Cabinet Office of Japan and IYEO for the trust given to us on executing our duties.

Everybody say OBSC:  
 On... Board... Super... Cool...  
 On Board Super Cool !!  
 On Board Super Cool !!

Signing Off:  
 49<sup>th</sup> SSEAYP OBSCs





	NAME AND ADDRESS	NAME OF PRESIDENT / SECRETARY GENERAL
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*with deep love and gratitude*

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**Publisher:**

Cabinet Office, Government of Japan (<https://www8.cao.go.jp/youth/kouryu/index-e.html>)

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**Editorial Support:**

Center for International Youth Exchange (<https://centerye.org/en/>)

SSEAYP International (SI) (<https://sites.google.com/view/sseayp-international/>)

**Layout Design and Edited By:**

OBSC representatives 2026