

Itinerary in Laos 2016

	Date	Time	Activities	Place to stay
1	Sep.9 (Fri.)	10:00 13:25 16:40 17:50 18:30 19:00-20:30	Depart from Tokyo (Narita) (VN311) Arrive in Ha Noi Depart from Ha Noi (QV312) Arrive in Vientiane Arrive at hotel Dinner	Tokyo ↓ Ha Noi ↓ Vientiane
2	Sep.10 (Sat.)	8:00- 9:30 9:00 11:00-12:30 13:00-14:00 14:30-16:00 17:30-19:00 19:15-20:30	Briefing about schedule by Lao People's Revolutionary Youth Union at hotel Leave hotel Visit to Namngum Dam Lunch Visit to Salt farm (Ban Bor Vienthaine Province) Dinner Visit to Night market	
3	Sep.11 (Sun.)	10:00-11:30 11:00-12:30 12:00-13:30 14:00-17:00 18:15-20:30	Introduction of Lao P.D.R. by ex-PY of INDEX Interaction with Lao youth to be invited to Japan Lunch with Lao youth Visit to Wat Ho Phra Keo, Wat Sisaket and That Luang Dinner with Lao Youth Union staff	
4	Sep.12 (Mon.)	9:30-11:30 11:30-12:00 12:00-13:00 14:00-14:30 17:00 17:40 18:00 18:30-21:00	Courtesy call on Lao People's Revolutionary Youth Union Come back to hotel to change clothes and check out hotel Lunch at hotel Visit to Wat Simuang Depart from Vientiane (QV103) Arrive in Luang Phabang Arrive at hotel Dinner	↓ Luang Phabang
5	Sep.13 (Tue.)	9:00-10:00 11:00-12:30 12:30-13:30 14:00-17:00 18:00-20:00	Courtesy call on Luang Phabang Vice-Governor Lecture by Traditional Arts and Ethnology Centre at hotel Lunch Visit to Xangkhong Village Workshop on weaving or paper making Dinner with staff from Lao Youth Union of Luang Phabang	
6	Sep.14 (Wed.)	9:00-13:30 9:00- 9:30 9:30-10:00 10:00-11:30 11:30-13:30 13:30-16:00 17:30-19:00	Visit to Souphanouvong University 1. Welcome Remark 2. Presentation on Education of Suphanouvong University 3. School tour and interaction with students and teachers 4. Lunch with students and teachers Visit to Phousi and Wat Xiengthong Dinner	
7	Sep.15 (Thu.)	9:00-11:30 9:00- 9:30 9:30-10:00 10:00-10:30 10:30-11:30 12:30-13:30 14:00-17:30 18:00-19:30	Visit to Dek Kamfa Ethnic School 1. Welcome Remark 2. Briefing about the School Background 3. Cultural Exchange Program 4. Teaching Japanese culture to students in each class Lunch Visit to Lao National Unexploded Ordnance Programme (UXO LAO) Visitors Centre and Tat Kuangsi Dinner	↓

	Date	Time	Activities	Place to stay
8	Sep.16 (Fri.)	5:30- 6:30 9:30-10:15 13:05 13:50 15:00 15:15-16:45 18:00-21:00	Giving for alms (Takbath) Visit to National Museum in Luang Phabang Depart from Luang Phabang (QV102) Arrive in Vientiane Arrive at hotel Lecture by Japan External Trade Organization (JETRO) at hotel Homestay matching and Dinner with host family	Vientiane ↓ Homestay
9	Sep.17 (Sat.)	All day	Homestay	Homestay ↓
10	Sep.18 (Sun.)	16:00 18:00-19:30	Homestay Return from Homestay Dinner	Vientiane ↓
11	Sep.19 (Mon.)	9:00-11:00 11:00-13:30 13:45-14:15 14:30-15:15 15:15-	Visit to Lao Brewery Company Visit to Specified Non-profit Corporation Action with Lao Children office Briefing on projects, Inspecting library, Interaction with children Lunch Visit to Patuxay Self study (including dinner)	
12	Sep.20 (Tue.)	10:00-11:30 11:45-12:45 13:00-14:00 14:15-15:30 17:30-20:00	Courtesy call on Embassy of Japan in Lao P.D.R. Lunch Visit to Japan International Cooperation Agency (JICA) Office Visit to Mahosod Hospital with JICA Volunteer Dinner with staff from Embassy of Japan and JICA	
13	Sep.21 (Wed.)	9:00-11:30 11:30-12:30 13:30-16:30 18:00-19:30	Visit to International Cooperation NGO・IV-JAPAN Briefing on projects, Inspecting school Lunch at IV-JAPAN Visit to UXO LAO Training Center/ Japan Mine Action Service Dinner	
14	Sep.22 (Thu.)	9:00- 9:30 9:30-11:45 12:00-13:30 13:30-14:30 14:30-16:10 16:30-17:30 17:30-18:30 19:00-20:15 20:30	[Japan - Laos Youth Leaders Forum] Place : Laos-Japan Human Resource Development Institute (LJI) Theme : Youth Contribution to the Society Session 1 : Opening and Orientation 1. Opening Remark by LJI 2. Speech by LYU 3. Orientation by LJI 4. Ice-breaking and games 5. Lunch at National University of Laos Session 2 : Keynote Speeches Lecture from Ministry of Information, Culture and Tourism Lecture from Ministry of Natural Resource and Environment Session 3 : Group Discussion 1 Group 1 : Culture Group 2 : Environment Dinner Session 4 : Cultural Exchange Return to hotel (Rooms mixed with Lao and Japanese youth)	

	Date	Time	Activities	Place to stay
15	Sep.23 (Fri.)	9:00-11:00 11:00-12:15 12:30-13:30 13:30-16:00 16:00-18:00 18:00-20:00 20:30	【Japan - Laos Youth Leaders Forum】 Session 5 : Group Discussion 2 Group 1 : Culture Group 2 : Environment Mochi making Lunch Session 6 : Group Discussion 3 Group 1 : Culture Group 2 : Environment Preparation for presentation Session 7 : Presentation and Closing Ceremony Dinner Return to hotel	
16	Sep.24 (Sat.)	9:00-17:00 17:30-18:30 19:00-21:00	Self study (including lunch) Baci ceremony with Lao youth to be invited to Japan Cultural exchange program with Lao youth to be invited to Japan, host families and others Farewell dinner at Kualao Restaurant	
17	Sep.25 (Sun.)	10:30-11:00 11:00-12:00 12:30-14:45 15:00-16:30 17:00 20:00 21:00 0:35	Evaluation of the program (Japanese Youth only) at Lao Youth Union Interaction with Lao youth to be invited to Japan Visit to Talatsao Mall (Shopping mall) with Lao youth (including Lunch) Visit to National Museum with Lao youth Arrive at Wattay Airport and Dinner Depart from Vientiane (VN920) Arrive in Ha Noi Depart from Ha Noi (VN310) (Flying overnight)	↓ Vientiane ↓ Ha Noi ↓
18	Sep.26 (Mon.)	7:35	Arrive in Tokyo (Narita)	Tokyo

